

OXNARDREC

CITY OF OXNARD, RECREATION AND COMMUNITY SERVICES



FALL/WINTER 2016
OXNARDREC.ORG

CITY OF
OXNARD
CALIFORNIA



PRESENTED BY THE CITY OF OXNARD COMMUNITY RELATIONS COMMISSION
MUSIC, DANCE, FOOD AND CULTURAL BOOTHS FROM AROUND THE WORLD

21ST ANNUAL

MULTICULTURAL *Festival*

SATURDAY
OCTOBER 1 • 11^{AM} - 4^{PM}
2016

For more information, visit Oxnard.org



SANTA FLOAT TOURS

Presented by Recreation and Community Services

**COME SEE SANTA AS HE
TRAVELS THROUGH OXNARD!**

TOUR RUNS FROM DECEMBER 17 - 22.

Tour schedule will be released in
December! Check OXNARDREC.ORG
for the latest updates! Follow us on
twitter at twitter.com/santafloat

**Supported by the Oxnard Police Department
and Oxnard Fire Department!**



OXNARDREC

CITY OF OXNARD, RECREATION AND COMMUNITY SERVICES

305 West Third Street, Oxnard, CA 93030 · (805) 385-7995 · Fax (805)385-7939 · oxnardrec@oxnard.org
Open Monday through Thursday · 8 am to 6 pm and every other Friday 8 am to 5 pm

OXNARD CITY COUNCIL



Bert E. Perello
Councilmember



Carmen Ramirez, Esq.
Mayor Pro Tem



Tim Flynn
Mayor



Bryan A. MacDonald
Councilman



Dorina Padilla
Councilmember

PARKS & RECREATION COMMISSION

Edgar Leroy Cobb	- Chairman
Gloria Postel	- Vice Chair
John L. Barber	- Commissioner
Roger Poirier	- Commissioner
Chérie G. Moraga	- Commissioner
Aurelio Ocampo, Jr.	- Commissioner
Angela Whitecomb	- Commissioner

Meets the 4th Wednesday of each month unless otherwise noted at Council Chambers. Public invited to attend. Televised on Channel 10 or on the web at www.oxnardrec.org at 5:30pm

SENIOR SERVICES COMMISSION

Alice Sweetland	- Chairperson
Kay Brainard	- Vice Chairperson
Albert Clemens	- Commissioner
Ron Fischer	- Commissioner
Kathie Lanker	- Commissioner
Alice Madrid	- Commissioner
Clark Owens	- Commissioner
Raynaldo Unzueta-Garcia	- Commissioner
Lourdes Villareal Yu	- Commissioner

Meets the 2nd Tuesday of each month unless otherwise noted at the Oxnard Public Library, Main Branch at 9am

CITY MANAGEMENT

Greg Nyhoff	- City Manager
Maria A. Hurtado	- Assistant City Manager
Scott Whitney	- Assistant City Manager

RECREATION MANAGEMENT

Ingrid A. Hardy	- Cultural & Community Services Director
Terrel Harrison	- Interim Community Services Manager
Greg Barnes	- Interim Recreation Supervisor
Renee Rakestraw	- Interim Recreation Supervisor

RECREATION COORDINATORS

Marisue Eastlake	- RSVP
Olga Fernandez	- Recreation & Preschool Classes
John Godina	- Adult Sports
Mike Ramirez	- Oxnard PAL
Yolanda Pina	- Special Events & Activities, South Oxnard Center

THESE PROGRAMS ARE NOT SPONSORED NOR ENDORSED BY THE OXNARD, OCEAN VIEW OR RIO SCHOOL DISTRICTS.



RECYCLE
USED OIL

RECYCLE

Used Motor Oil & Filters

FOR **FREE** AT THE FOLLOWING CENTERS:

Aamco Transmissions*
531 E. Ventura Blvd.
(Oil & Filters)
983-8100

AutoZone*
150 W. Laurel St.
(Oil)
487-4883

AutoZone*
600 N. Ventura Rd.
(Oil)
988-7550

C.I. Harbor Fuel Dock*
3855 Pelican Way
(Boat Oil & Filters)
382-3007

Cuevas Automotive
731 E. Date St.
(Oil & Filters)
486-1644

Sharp's Auto Services*
5577 Saviers Rd.
(Oil & Filters)
488-3110

Del Norte Recycling*
111 S. Del Norte Blvd.
(Oil & Filters)
278-8200

Ipatzi Auto Repair
1535 S. Oxnard Blvd.
(Oil & Filters)
486-1056

Jiffy Lube*
101 W. Esplanade Dr.
(Oil & Filters)
278-9931

Jiffy Lube*
611 S. Rose Ave.
(Oil & Filters)
486-5655

O'Reilly Auto Parts*
1941 N. Oxnard Blvd.
(Oil & Filters)
485-6226

Tito's Automotive*
1311 Commercial Ave.
(Oil & Filters)
486-9025

Pep Boys*
939 S. Oxnard Blvd.
(Oil & Filters)
486-6387

O'Reilly Auto Parts*
2706 Saviers Rd.
(Oil & Filters)
483-0194

Lister's Autocare*
429 N. Oxnard Blvd.
(Oil & Filters)
483-2176

Dob's Brake & Auto*
330 S. Oxnard Blvd.
(Oil & Filters)
483-4771

Hill's Automotive*
1560 S. Oxnard Blvd.
(Oil & Filters)
486-3400

Walmart
2001 N. Rose Ave.
(Oil & Filters)
981-0696



Call For Hours of Operation

The Oil Recycling Centers are a free service to all residents. No appointments are necessary. *State certified centers offer 0.16 cents (or coupon value) per gallon of used motor oil. Call centers for hours of operation and quantities accepted.

CITY OF
OXNARD
CALIFORNIA

Public Works Department
Environmental Resources

(805) 385-8060
www.Oxnard.org

Free Coupon

Used Motor Oil Recycling Container
(For Residents of Oxnard and Port Hueneme)

Bring this coupon & your used oil, latex paint, antifreeze, or batteries to:

Del Norte Regional Recycling & Transfer Station

111 S. Del Norte Blvd., Oxnard ~ Recycle Monday-Saturday 7 a.m. to 4 p.m.

For more information call 385-8060

One coupon per person. While supplies last.



COMMUNITY PHONE BOOK

Abandoned Vehicles	982-7001
Affordable Housing	385-7400
Animal Control Complaints	385-7640
Animal Control Service	385-7786
Animal Licenses (doc/cat)	385-7818
Building and Engineering	385-7925
Building & Construction Inspection	385-7936
Building Permits	385-7925
Business Tax Certificates (Business License)	385-7817
Carnegie Art Museum	385-8157
City Corps	385-8123
City Council	385-7430
City Council Agenda	385-7803
City Manager	385-7430
City Mayor	385-7450
Code Compliance	385-7940
Community Development	385-7407
Disaster Preparedness	385-7717
Economic Development	385-7444
Fire (Non Emergency)	385-7722
Garage/Yard Sales	385-7940
Golf Course	983-4653
Graffiti Hotline	385-8010
Housing Department	385-8041
Job Hotline	385-7580
Library	385-7532
Neighborhood Services	385-7424
Parks / Oxnard Beach Park Reservations	385-7950
Passports	385-7509
Performing Arts & Convention Center	385-8147
Performing Arts Center Box Office	486-2424
Planning & Zoning	385-7858
Police (Non-Emergency)	385-7600
Refuse/Recycling	385-8060
Senior Services	385-8019
Sewer Service Problems	488-3517
Street Maintenance	385-8051
Traffic Signals	385-7812
Tree Trimming	385-7950
Utility Billing & Start-up (Water/Sewer/Refuse)	385-7816
Water Conservation & Recycling	385-8136

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PRESCHOOL PROGRAMS



The City of Oxnard Recreation and Community Services offers Tiny Tot classes age (3 years old as of December), Pre-K Experience, and Get Ready for School classes (age 4 years old as of December). All children must be potty trained prior to participating in the program. Please bring proof of immunization when registering your child/children. All instructors are trained in CPR and First Aid.

ABOUT OUR PROGRAM...

Tiny Tots, Pre- K Experience, and Get Ready for School are ongoing programs that run 9 ½ months. To enroll in these programs, parents must commit and agree that their child/ children will participate in all months and pay a one-time \$50.00 registration fee per child, per program. Registration fee includes material supplies, t-shirt, and a guaranteed spot for your child.

Full Monthly Payments must be received by the 5th of each month (or following business day, if on a weekend). Payments can be made online or in person at the Recreation & Community Services Office. Late payments (those received after the 5th of the month) will result in a \$25.00 late fee charged to your account.

A graduation ceremony for Pre-K Experience and Get Ready for School programs will take place in June. An additional materials fee will be charged in January for cap, gown, ring and a homework medal (Awarded to children completing the assigned homework).

PRE-K EXPERIENCE (Ages 4 - 6)

This program is designed to prepare children for future school experience. Students will participate in arts, crafts, music, creative rhythms, play activities and motor development designed to develop their self awareness and group socialization skills. Students will learn the ABC's, name /sound identification and numbers 1-20. Children should bring a snack to eat at break time. *Two options for Pre-K Experience are available for registration, on a first-come, first served basis. There are as follows:*

PRE-K EXPERIENCE at PACC (Open to 24 Students)

Instructor: Eloise Villanueva
Location: Performing Arts Center (Youth Center), 800 Hobson Way
Fee: \$140 per month
Day/Time: Mon/Wed/Fri, 9:00 am - 12:00 pm

PRE-K EXPERIENCE at DURLEY (Open to 18 Students)

Instructor: Mayra Ceja
Location: Durley Park Preschool, 910 Hill Street
Fee: \$140 per month
Day/Time: Mon/Wed/Fri, 9:00 am - 12:00 pm

TINY TOTS (Ages 3 - 4)

This program is designed to prepare children for future school experience. Students will participate in arts, crafts, music, creative rhythms, play activities and motor development designed to develop their self awareness and group socialization skills. Children should bring a snack to eat at break time. Tiny Tots is open to 18 students.

Instructor: Eloise Villanueva
Location: Oxnard Performing Arts Center
 800 Hobson Way (Youth Center)
Fee: \$130 per month
Day/Time: Tue & Thu, 9:00 am - 12:00 pm

GET READY FOR SCHOOL (Ages 4 - 6)

This program focuses less on play and more on academics, preparing children to enter school. We will cover manuscript letter formation, letter names and sounds, listening comprehension, auditory discrimination and basic sight vocabulary, numbers 1-30, and writing their name and phone number. This class will help students with their hand-eye coordination, motor development, sound-symbol relationships, letter recognition, phonics skills and more! Get Ready for School is open to a maximum of 16 students.

Instructor: Laura Ketterman
Location: Durley Park Preschool , 910 Hill Street
Fee: \$125 per month
Day/Time: Tues & Thurs, 9:00 am - 12:00 pm



PRESCHOOL TO YOU (Ages 3 1/2 - 5)

Preschool To You is a weekly mobile program held at neighborhood parks. Activities focus on small & large motor skills, and social skills. Parent attendance and participation is required. We will also have special events, field trips, and special guest visits! Please call for registration information.

Preschool to You: Where enthusiastic learning takes place.

MONDAYS

9:00 - 11:00 am Rio Lindo Park, 841 Blanca St

12:30 - 2:30 pm Beck Park, 600 W Kamala St

TUESDAYS

9:00 - 11:00 am Colonia Rec Center, 170 N Marquita St

12:30 - 2:30 pm Lemonwood Park, 2055 San Mateo

WEDNESDAYS

9:00 - 11:00 am Orchard Park, 2130 Edelweiss

12:30 - 2:30 pm Sea View, 1001 Offshore Ln

THURSDAYS

9:00 - 11:00 am Southwinds Rec Center, 300 W Clara St

12:30 - 2:30 pm Sea Air Park, 2011 9th St

FRIDAYS

9:00 - 11:00 am College Estates Park - 1400 Gary Dr

CALL (805) 385-7995
FOR MORE INFORMATION

Registration forms are available at the park, however, please call before attending. Forms are also available at Recreation and Community Services office. Children must be 3 1/2 to 4 years old to start. Children 5 years old can attend, but must not be attending any other preschool program. Proof of immunization, birth certificate and parent's id are required when registering.*

CLASSES FOR PRESCHOOL-AGE CHILDREN

PRE-K BALLET/ACRO (Ages 2-5)

Instructor: Kelyla Nelson

Location: Kelyla's Performing Arts Center

1547 Los Angeles Ave. Suite 102, Ventura

Fee: \$40 (4 weeks)

This class combines beginning ballet technique such as pointing your toes, foot positions, coordination and balancing. Students will learn acrobatic tricks such as somersaults, handstands and toe touches which help to build coordination and strength. Your child will have fun making new friends in a positive environment. Each student progresses at their own pace, time is taken to help each student individually. When using the acro mats there are absolutely NO shoes, socks, or foot covering tights allowed due to safety. (Parents are welcome to participate). Black leotard, convertible tights and ballet slippers required.

8/27 - 9/24* Sat 10:15 - 11:00 am

10/1 - 10/22 Sat 10:15 - 11:00 am

10/29 - 11/19* Sat 10:15 - 11:00 am

**No class 9/3. *Includes participation in the winter show. An additional \$25 costume fee, payable to the instructor.*

PRE-K TAP/JAZZ (Ages 2-5)

Instructor: Kelyla Nelson

Location: Kelyla's Performing Arts Center

1547 Los Angeles Ave. Suite 102, Ventura

Fee: \$40 (4 weeks)

The class combines two very popular and well known dance styles. Jazz, consisting of splits, battements (big kicks), chasses, leaping and more! Children will love making sounds with their feet; while learning different tap rhythms and basic tap steps such as flaps, shuffle, buffalo, toe heel and much more. (Parents are welcome to participate). Tap shoes are required.

8/27 - 9/24* Sat 9:30 - 10:15 am

10/1 - 10/22 Sat 9:30 - 10:15 am

10/29 - 11/19* Sat 9:30 - 10:15 am

**No class 9/3. *Includes participation in the winter show. An additional \$25 costume fee is required to the instructor. Black leggings are required for the show.*

RECREATION CLASSES *for Kids!*

To register for these classes, please visit OXNARDREC.ORG or visit our office at 305 W Third Street in Oxnard. For more information, call us at (805) 385-7995.



ACRYLIC PAINTING - BEGINNING AND ADVANCED (Ages 7-14)

Instructor: Broger, Catherine
Location: Performing Arts Center, Youth Center
 800 Hobson Way
Fee: \$50 + \$20 materials fee (6 weeks)

Explore the art of painting with acrylics! We will begin drawing simple pencil lines and basic pencil shapes found in nature; this will be followed by an introduction to canvas painting. Relevant artists will be reviewed. This is sure to be a fun class! Register early, as class is limited to fifteen students.

9/13 - 10/18 T 3:40 - 4:40 pm

10/25 - 12/6* T 3:40 - 4:40 pm

*No Class 11/22

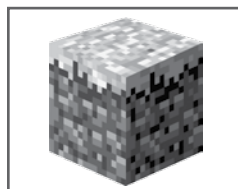
LOOKING FOR MUSIC?

Our **ADULT GUITAR** Classes accept youth enrollees. Sign your child up or register yourself too and learn together!

See our class descriptions on page 26 for details.

3D ANIMATION - LEVEL 1 MINECRAFT USING MINE-IMATOR (Ages 6-12)

Instructor: Sandbox Computers for Kids, Inc.
Location: Performing Arts Center, Youth Center
 800 Hobson Way
Fee: \$125 + \$25 materials fee (8 weeks)



Create epic Minecraft Animations easily. Add mobs, items and scenery, all with changeable textures. Students create animations for Minecraft that form the basis of many popular scenes and videos.



Tools: Mine-imator, YouTube, MCSkin3D, MCEdit.

Techniques: Keyframe Animation, Scene & Sequence Design, Video & Sound Editing, Special Effects, YouTube Channel Publishing.

9/10 - 10/29 S 9:00 - 10:30 am

LEARN PYTHON PROGRAMMING WITH RASPBERRY PI & MINECRAFT MODDING - LEVEL 2 (Ages 10-16)

Instructor: Sandbox Computers for Kids, Inc.
Location: Performing Arts Center, Youth Center
 800 Hobson Way
Fee: \$125 + \$25 materials fee (8 weeks)

Playing Minecraft is cool! Making your own mods is way cooler!! Modify the world's most popular video game using one of world's most popular languages: Python. Python was used in developing Google, YouTube, Instagram, among others. Students learn how to control the player, build & manipulate the Minecraft world, including teleporting, crafting, explosions, lava flows, chatting, making your own Minecraft-styled Whack-a-mole game. Students learn the fundamentals of programming Python using hands-on projects to mod Minecraft.

Tools: Raspberry Pi, Python, Minecraft Pi

Techniques: Computer Programming, Prototyping, Play-Testing.

9/10 - 10/29 S 10:45 - 12:15 pm



HARDWARE ROBOTICS - LEVEL 1: LEGO WEDO (Ages: 6-12)

Instructor: Sandbox Computers for Kids, Inc.
Location: Performing Arts Center, Youth Center
 800 Hobson Way
Fee: \$125 + \$25 materials fee (8 weeks)

LEGO Robotics I: Convert your child's love of LEGOs to introduce Robotics and unleash your child's creativity. Students use various LEGO bricks and electronic modules to build and program robots. Course emphasizes hands-on building of robotics each week based on simple machines, core robotic components, sensors and intuitive programming modules.



Tools: LEGO WeDo Robotics

Techniques: Plan-Build- Program-Present

Related Competitions: Junior FIRST LEGO League Robotics Competition

9/10 - 10/29 S 12:45 - 2:15 am

KEYBOARDING AND COMPUTER BASICS - LEVEL 1 (Ages: 6 - 12)

Instructor: Sandbox Computers for Kids, Inc.
Location: Performing Arts Center, Youth Center
 800 Hobson Way
Fee: \$125 + \$25 materials fee (8 weeks)

The goal is to introduce kids to computers, in a way they can play and have fun with, see its power and their ability to manipulate it for fun and school projects. Students explore hands-on the essential concepts of computer hardware and operation system. Students will be comfortable with using the computer keyboard for creating text-based content with speed and accuracy.

Tools: Computers, Keyboarding Software & Techniques

9/10 - 10/29 S 2:30 - 4:00 am

JOIN THE CONVERSATION!

Like us on Facebook for the *latest* updates and media from Recreation. Follow live events & programs, and even give us a shout out!

facebook.com/oxnardrec

DYNAMIC SINGERS CHILDREN'S CHOIR (Ages 6-12)

Instructor: Daniela Flores-Palomino
Location: Wilson Senior Center, Arts Building
 350 North "C" Street
Fee: \$65 + \$5 materials fee (6 weeks)

Students will learn the fundamentals of performing and singing; all while having fun in an upbeat choir setting. Dynamic Singers teaches basic singing techniques, rhythms, and tunes along with simple choreography. At the end of the course, our students will perform a concert for family and friends. A \$5.00 materials fee is payable to instructor on the first day of class for sheet music and CD.

9/7 - 10/12 W 4:45 - 5:45 pm

Concert 10/12 at the Wilson Sr. Center

Call time-4:15pm/Show time: 5-6pm

10/19 - 11/30 W 4:45 - 5:45 pm, No Class 11/23

Concert 11/30 at the Wilson Sr. Center

Call time-4:15pm/Show time: 5-6pm

MODERN DANCE (Ages 10+)

Instructor: Yolanda Faggin
Location: Wilson Senior Center, Arts Building
 350 North "C" Street
Fee: \$45 (4 weeks)

A Horton-based beginner- level class that introduces students to elements of movement using flat backs, lateral stretches, tilt lines and lunges. Learn to flow in your movements while improving whole body strength and flexibility. Note: Females - unitard. Males - White t-shirt and dance pants.

10/11 - 11/1 T 4:15 - 5:15pm

11/29 - 12/20 T 4:15 - 5:15pm

AFRICAN DANCE (Ages 10+)

Instructor: Yolanda Faggin
Location: Wilson Senior Center, Arts Building
 350 North "C" Street
Fee: \$45 (4 weeks)

A Dunham-based beginner- level class that introduces students to rhythmic movements using upper body-isolations together with low-grounded walks, prances and turns. Learn to dance to drum rhythms while improving your coordination and stamina. Class Dress: Females – unitard; Males - White t-shirt and dance pants.

10/10 - 11/7* M 4:30 - 5:30

11/28 - 12/19 M 4:30 - 5:30

*No Class 10/31



BALLET (Ages 6-9)

Instructor: Yolanda Faggin
Location: Wilson Senior Center, Arts Building
 350 North "C" Street
Fee: \$45 (4 weeks)

A basic class that introduces young students to the elementary positions of classical ballet. Dancers will develop grace and poise while learning proper alignment. Note: Girls - Simple ballet leotard, tights and pink ballet shoes are required. Boys - White t-shirt, dance pants and ballet shoes.

10/11 - 11/1 T 5:30 - 6:30pm
 11/29 - 12/20 T 5:30 - 6:30pm

MINI'S CHEER (Ages 5 & 6)

Instructor: Giselle Limon
Location: Southwest Community Park Extension
 2500 W 5th Street (Adjacent to Soria School)
Fee: \$45 (6 weeks)

This class is designed to teach small children the basics of cheerleading. Through the use of games and play children will learn simple motions, kicks, chants and much more. (No experience necessary)

Note: Students are to wear comfortable clothing appropriate to outdoor weather and closed toed tennis shoes.

10/1 - 11/5 Sat 9:15 - 10:00 am

CHEERLEADING BASICS (Ages 7-9)

Instructor: Giselle Limon
Location: Southwest Community Park Extension
 2500 W 5th Street (Adjacent to Soria School)
Fee: \$45 (6 weeks)

This class is designed to teach small children the fundamentals of cheerleading. Your child will learn age appropriate cheers, chants, motions, kicks, jumps and much more.

Note: Students are to wear comfortable clothing appropriate to outdoor weather and closed toed tennis shoes.

10/1 - 11/5 Sat 10:15 - 11:15 am

TAP/JAZZ COMBO (Ages 5+, with no dance or little dance experience)

Instructor: Kelyla Nelson
Location: Kelyla's Performing Arts Center
 1547 Los Angeles Ave. Suite 102, Ventura
Fee: \$40 (4 weeks)

The class will consist of learning basic jazz and tap technique all while focusing on the steps, rhythms and techniques of each style. Jazz and tap combinations will be learned throughout this class to also help the children memorize dances. Please note that tap and jazz shoes are required to take this class.

8/29 - 9/26* M 3:45 - 4:30 pm
 *No class 9/5

10/3 - 10/24 M 3:45 - 4:30 pm

11/7 - 11/28* M 3:45 - 4:30 pm

*Includes participation in the winter show. An additional \$25 costume fee is required to the instructor. Black leggings are required for the show.

BEGINNING HIP HOP (Ages 6 +)

Instructor: Kelyla Nelson
Location: Kelyla's Performing Arts Center
 1547 Los Angeles Ave. Suite 102, Ventura
Fee: \$40 (4 weeks)

Learn basic Hip Hop movements in a positive, supportive environment with other young hip hoppers. Wear comfortable clothes you can move in and athletic shoes. NO jeans or jean shorts allowed.

8/26 - 9/23* F 4:30 - 5:15 pm
 *No class 9/2

9/30 - 10/21 F 4:30 - 5:15 pm

10/28 - 11/18* F 4:30 - 5:15 pm

*Includes participation in the winter show. An additional \$25 costume fee is required to the instructor. Jeans required for the show.)

NEED HELP WITH HOMEWORK?

Homework assistance is offered through Oxnard PAL (see page 22) and at our Youth Recreation Centers (page 47).



BEGINNING ACRO (Ages 6 +)

Instructor: Kelyla Nelson
Location: Kelyla's Performing Arts Center
 1547 Los Angeles Ave. Suite 102, Ventura
Fee: \$40 (4 weeks)

Learn the basics of dance tricks including somersaults, cartwheels, and bridge. Each child progresses at their pace. Wear comfortable, stretchy clothes and bare feet, hair up.

8/27 - 9/24* Sat 11:00 - 11:45 am

**No class 9/3*

10/1 - 10/22 Sat 11:00 - 11:45 am

10/29 - 11/19* Sat 11:00 - 11:45 am

** Includes participation in the winter show. An additional \$25 costume fee is required to the instructor. Black leggings required for the show.*

**I LOVE A PARADE (Ages 8 +)**

Instructor: Kelyla Nelson
Location: Kelyla's Performing Arts Center
 1547 Los Angeles Ave. Suite 102, Ventura
Fee: \$40 (4 weeks)

This class is for children who want to perform in the Oxnard holiday parade. (Includes participation in the winter show). The routine will be in the style of hip hop and upbeat jazz. An additional \$25 paid to the teacher for a parade T-Shirt, black leggings required for the parade.

10/29 - 11/19* Sat 12:00 - 1:00 pm

**Parade on Sat 12/3, Call Time: TBD*

READING, WRITING, AND VOCABULARY FOR COMMON CORE EDUCATION

Instructor: Mari Crawford
Location: Oxnard PAL Teen Center
 350 South "K" Street
Fee: \$75 plus a \$25 one time (seasonal) materials fee payable to instructor; due first class
Grades: Currently attending 4th, 5th and 6th grade.

Supercharge your child's school curriculum this fall with a new language arts class! Students have the opportunity to increase fluency and gain confidence with supplementary reading, writing, and vocabulary activities. Class is offered for one hour, twice a week, for 4 week sessions. Recommended for proficient as well as remedial levels. Register early. Classes fill quickly.

9/12 - 10/5 M/W 3:30 - 4:30 pm

10/10 - 11/2 M/W 3:30 - 4:30 pm

11/7 - 11/30 M/W 3:30 - 4:30 pm

SPONSOR

Give your child an academic advantage in school and beyond!

SCHEDULE A PARENT ORIENTATION TODAY!

Kumon Math & Reading Center of
 OXNARD - NORTH

2067 North Oxnard Blvd., Oxnard, CA 93036
 805-983-1991 • kumon.com/oxnard-north

FOR AGES
3+

KUMON®

**FOR EVEN MORE INFORMATION
 ON OUR PROGRAMS AND SERVICES,
 VISIT US ONLINE AT**

WWW.OXNARDREC.ORG!

DRIVERS EDUCATION, IN CLASSROOM (Ages 15 ½ -17½)

Instructor: Eddy Romo, Top Notch Driving School

Location: 3rd Street Community Room

(Entrance on B Street)

300 W Third Street

Fee: \$140, materials included (5 weeks)

Top Notch Driving School is offering thru the City on Oxnard a DMV Approved Drivers Education Course.

Upon successful completion of the course, students will receive a certificate of completion (DL400B). This is required by the DMV for students to take the DMV written test. All teenagers between the ages of 15.5 and 17.5 years old are required to complete Drives Education. This class sets the foundation for Behind-the-Wheel Driver's Training and is in accordance with the guidelines set by the Department of Education and the California DMV. The course includes videos, short lectures, group discussions & practice tests. Students will learn about traffic signs, road rules, weather conditions, various driving environments, avoiding collisions and sharing the road with other drivers. Attending this course will help you prepare for the DMV written test.

Note: Students must attend all classes & complete the 30 hours as required by the DMV in order to receive the certificate of completion. Parent/guardian required to attend first class to review/sign forms. Please bring a pen and paper for note taking.

11/15 - 12/22* T/W/Th 6:00 - 8:00 pm

**No Class on 11/22, 11/23, 11/24*

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facebook

www.facebook.com/oxnardrec



Instagram

@OXNARDREC



OXNARD SCHOLARS

After School Program

CITY OF OXNARD RECREATION AND COMMUNITY SERVICES

**Homework Assistance · Literacy · Math ·
Arts Enrichment · Recreation and Nutrition
Education · Special Enrichment**



We provide a quality comprehensive program that emphasizes fun, activity-based learning that reinforces the knowledge and skills needed for in-school success!

OFFERED AT 20 SITES

Brekke · Chavez · Curren · Drifill · Elm ·
Frank · Fremont · Harrington · Haydock ·
Kamala · Lemonwood · Marina West ·
Marshall · McAuliffe · McKinna · Ramona ·
Ritchen · Rose Ave · Sierra Linda · Soria

*See a Oxnard Scholars Site Coordinator
at your local school for more
information.*

SPORTS CLASSES WITH COACH GIL

To register for these classes, please visit OXNARDREC.ORG or visit our office at 305 W Third Street in Oxnard. For more information, call us at (805) 385-7995.

“PEE WEE” BEGINNING SOCCER

(Ages 3-5)

Instructor: Coach Gil
Locations: See Below
Fee: \$30 per session (4 weeks)



Children enjoy having a “FUN-TIME” playing in a SAFE, and NON-COMPETATIVE ENVIRONMENT, while learning the basic “FUN-damentals” of soccer. Passing, dribbling, shooting, playing goalie and SKILL GAMES are all included under “Coach Gil’s FUN-style of Teaching.” “GOOD SPORTSMANSHIP” and SAFETY are always stressed. Child and parent participate together while playing in “FRIENDLY and FUN SOCCER GAMES”. So don’t miss out on the “WORLD CUP of PEE-WEE SOCCER!”

No special equipment required, JUST YOU!

Via Marina Park, 3301 Keel Way
(Meet on field next to basketball courts)
11/16 - 12/14 W 4:00 - 4:45 pm

Orchard Park, 2130 Edelweiss St.
(Meet on field next to Basketball Courts)
11/17 - 12/15 TH 4:00 - 4:45 pm

Sierra Linda Park, 1040 Indigo Place
(Meet on field next to school)
11/19 - 12/17 Sat 11:30 - 12:15 pm

“PEE WEE” ADVANCED SOCCER

(Ages 4-6)

Instructor: Coach Gil
Locations: See Below
Fee: \$30 per session (4 weeks)

KIDS play and ADVANCE their skills, while also learning NEW ONES! Passing, dribbling, shooting and playing goalie are always emphasized, as well as NEW SKILLS; such as heading, throw-ins and Offense & Defense. All are included under “Coach Gil’s FUN-style of Teaching.” Weekly skill games, scrimmages, “GOOD SPORTSMANSHIP” and SAFETY are always stressed! Prior experience encouraged and parents participate as well. So join in the “Friendly and Fun” Soccer games and don’t miss out on the “WORLD CUP of PEE-WEE SOCCER!” No special equipment required, JUST YOU!

Via Marina Park, 3301 Keel Way
(Meet on field next to basketball courts)
11/16 - 12/14 W 5:00 - 5:45 pm

Sierra Linda Park, 1040 Indigo Place
(Meet on field next to school)
11/19 - 12/17 Sat 12:30 - 1:15 pm

“PEE WEE” T-BALL (BASEBALL)

(Ages 3-5)

Instructor: Coach Gil
Locations: See Below
Fee: \$30 per session (4 weeks)

This NEW and EXCITING T-BALL (baseball) class was specifically designed by “popular Kids- Coach”, Coach Gil. To ENCOURAGE and BUILD CONFIDENCE while playing with his/her parent and learning the basic “FUN-damentals” of T-BALL (Baseball), which include: hitting, base running, catching, throwing and easy baseball rules. All while using age appropriate equipment including: fun and unique bats and balls to help develop CONFIDENCE, “GOOD SPORTSMANSHIP” and to PRACTICE SAFETY! Now don’t miss out on the “PEE-WEE WORLD SERIES” and parents can join in too! No special equipment required, JUST YOU!

Via Marina Park, 3301 Keel Way
(Meet by Basketball courts)
10/12 - 11/2 W 4:00 - 4:45 pm

Orchard Park, 2130 Edelweiss St.
(Meet by Basketball courts)
6/23 - 7/14 TH 4:00 - 4:45 pm

Sierra Linda Park, 1040 Indigo Place
(Meet at baseball diamond)
10/15 - 11/5 SAT 11:30 am - 12:15 pm

“PEE-WEE” BASKETBALL (Ages 3-5)**Instructor:** Coach Gil**Locations:** See Below**Fee:** \$30 per session (4 weeks)

This NEW class for the “PEE-WEE BASKET-BALLERS” was designed for the children and parents to participate in a SAFE, FUN and NON-COMPETITIVE environment. Under “Coach Gil’s FUN-STYLE of TEACHING”, the “FUN-damentals” of BASKETBALL include: SHOOTING, PASSING, DRIBBLING, REBOUNDING and basic basketball rules, which are made easier by using age appropriate and unique types of balls and baskets. Parent participation is encouraged so don’t miss out on the “PEE-WEE BASKETBALL FINALS!” No special equipment required, JUST YOU!

Via Marina Park, 3301 Keel Way*(Meet at basketball courts)***9/7 - 9/28 W 4:00-4:45 pm****Rio Lindo Park, 841 Blanca Street***(Meet at basketball courts)***9/8 - 9/29 Th 4:00-4:45 pm****Orchard Park, 2130 Edelweiss Street***(Meet at basketball courts)***9/10 - 10/1 Sa 11:30 am - 12:15 pm****T-BALL (BASEBALL) FOR “MIDDLE-KIDS” (Ages 6-10)****Instructor:** Coach Gil**Locations:** See Below**Fee:** \$30.00 total for 4 weeks

This NEW and EXCITING T-Ball (baseball) class was specifically designed by “popular Kids-Coach”, Coach Gil. To ENCOURAGE and BUILD CONFIDENCE while playing with his/her parent and learning the basic “FUN-damentals” of T-Ball, which include: hitting, base running, catching, throwing and easy baseball rules. All this while using age appropriate equipment including: fun and unique bats and balls to help develop CONFIDENCE, “GOOD SPORTSMANSHIP” and to always PRACTICE SAFETY! Now don’t miss out on the “MIDDLE-KIDS-WORLD- SERIES” and parents can join too! No special equipment required, JUST YOU!

Via Marina Park, 3301 Keel Way*(Meet by basketball courts)***10/12 - 11/2 W 5:00 - 5:45 pm****Orchard Park, 2130 Edelweiss St.***(Meet by basketball courts)***10/13 - 11/3 TH 5:00 - 5:45 pm****Sierra Linda Park, 1040 Indigo Place***(Meet at baseball diamond)***10/15 - 11/5 SAT 12:30 - 1:15 pm**

Follow us on


Instagram
@OXNARDREC


Looking for LEAGUE SPORTS?

See page 18! The Summer season offers Basketball League! We also have sports camps and a listing of external sports organizations in the Oxnard area.

SOCCER BASICS FOR “MIDDLE-KIDS”**(Ages 6-10)****Instruction:** Coach Gil**Locations:** See below**Fee:** \$30.00 total for 4 weeks

KIDS learn Basic Soccer Skills such as: dribbling, passing, shooting, playing goalie and much more under Coach Gil's "FUN-style" of teaching. Weekly skill games and scrimmages while good sportsmanship and SAFETY are always stressed! Soccer players of all levels always welcome and parents can participate too! So come join in on the FRIENDLY and FUN soccer games and don't miss out on the "WORLD CUP of MIDDLE-KIDS SOCCER!" No equipment required, JUST YOU!

Orchard Park, 2130 Edelweiss Street*(Meet on field next to Basketball Courts)***11/17 - 12/15 TH 5:00 - 5:45 pm****BASKETBALL FOR “MIDDLE-KIDS”****(Ages 6-10)****Instructor:** Coach Gil**Locations:** See Below**Fee:** \$30.00 total for 4 weeks

This NEW class for the “MIDDLE-KIDS” was designed while keeping the “Older Ones” in mind. This is also for the child and parent to participate in a SAFE, FUN and NON-COMPETITIVE ENVIRONMENT. Under Coach Gil's “FUN-STYLE of TEACHING”, the “FUN-damentals” of basketball include: SHOOTING, PASSING, DRIBBLING, REBOUNDING and basic basketball rules, which are made easier by using age appropriate and unique types of balls and baskets. Parent participation is encouraged so don't miss out on the “MIDDLE-KIDS BASKETBALL FINALS!” No special equipment required, JUST YOU!

Via Marina Park, 3301 Keel Way*(Meet at basketball courts)***9/7 - 9/28 W 4:00 - 4:45 pm****Rio Lindo Park, 841 Blanca Street***(Meet at basketball courts)***9/8 - 9/29 TH 4:00 - 4:45 pm****Orchard Park, 2130 Edelweiss Street***(Meet at basketball courts)***9/10 - 10/1 SAT 11:30 am -12:15 pm**

**COACH GIL ALSO OFFERS
INSTRUCTION IN SPANISH!**

SEE PAGE 16 FOR DETAILS!



SHARE YOUR FAVORITE MOMENTS WITH US!

TAG YOUR SOCIAL MEDIA
PHOTOS AND POSTS WITH

#OXNARDREC

AND

#OXNARDRECSports

WE WANT TO SEE
THINGS FROM **YOUR**
POINT OF VIEW!



#OXNARDRECSports

DEPORTES CON COACH GÍL

— ¡Instrucción en español! —

Para inscribirse en nuestras clases, visite OXNARDREC.ORG o nuestra oficina al 305 W 3rd Street en Oxnard.
Para mas información, llámenos- (805) 385-7995.

FÚTBOL BÁSICO PARA “LOS CHIQUILLOS” (3-5 años)

Instructor: Coach Gíl
Sitio: Extensión del “Parque Suroeste de la Comunidad” (Al lado de la Escuela Juan Soria, en la cancha)
2900 Oeste de la calle “Cinco”
Honorarios: \$30 por 4 semanas

Niños aprenden lo básico de Fútbol que incluye: dominar y pasar el balón, meter goles, aprender ser portero, varios juegos de técnica y aprender las reglas básicas de Fútbol. Bajo el “entrenamiento de Alegría” de Coach Gíl y en un ambiente seguro y non-competitivo, también aprenden ser buen deportistas. No pierda jugar en los “PARTIDOS de AMISTAD y DIVERSIÓN” y en la GRAN FINAL de “LA COPA MUNDIAL de LOS CHIQUILLOS!” ¡También los padres pueden participar y no se requiere equipo especial, menos tú!

8/14 - 9/4 Domingo 11:00 - 11:45 am

11/27 - 12/18 Domingo 11:00 - 11:45 am

BÉISBOL (T-BALL) BÁSICO PARA “LOS CHIQUILLOS” (3-5 años)

Instructor: Coach Gíl
Sitio: Extensión del Parque Suroeste de la Comunidad (Al lado de la Escuela Juan Soria, en la cancha)
2900 Oeste de la Calle “Cinco”
Honorarios: \$30 por 4 semanas

Esta clase NUEVA fue designada para, “LOS CHIQUILLOS”, por el entrenador popular “Coach Gíl.” Es para el niño o niña juegue con su madre o padre, mientras aprendiendo las técnicas básicas de Béisbol (T-Ball): tirar y agarrar (“cachár”) la pelota, batear, correr las bases y reglas simples. Equipo especial y apropiado, incluyendo varios tipos de bates y pelotas para dar les mas confianza. No pierda jugar en los “PARTIDOS de AMISTAD y DIVERSIÓN” y en el “SERIE- MUNDIAL” de “los chiquillos.” También los padres pueden participar y no se requiere equipo especial, menos tú!

10/23 - 11/13 Domingo 11:00 - 11:45 am

BALONCESTO BÁSICO (BASKETBALL) PARA “LOS CHIQUILLOS” (3-5 años)

Instructor: Coach Gíl
Sitio: Extensión del Parque Suroeste de la Comunidad (Al lado de la Escuela Juan Soria, en la cancha)
2900 Oeste de la Calle “Cinco”
Honorarios: \$30 por 4 semanas

Esta clase NUEVA fue designada para, “LOS CHIQUILLOS”, por el entrenador popular “Coach Gíl.” Es para que el niño o niña juegue con su madre o padre, mientras aprendiendo las reglas simples y técnicas básicas de baloncesto: dominar, pasar tirar y rebotar el balón. Enseñar como jugar ofensa y defensa y también se usan canastas y balones apropiados. No pierda jugar en los “PARTIDOS de AMISTAD y DIVERSIÓN” y en la “Gran Final de Baloncesto para Los Chiquillos”. También los padres pueden participar y no se requiere equipo especial, menos tú!

9/18 - 10/9 Domingo 11:00 - 11:45 am

FUTBOL BÁSICO PARA “LOS GRANDECITOS” (6-10 años)

Instructor: Coach Gíl
Sitio: Extensión del “Parque Suroeste de la Comunidad” (Al lado de la Escuela Juan Soria, en la cancha)
2900 Oeste de la calle “Cinco”
Honorarios: \$30 por 4 semanas

Niños aprenden lo básico de fútbol que incluye: dominar y pasar el balón, meter goles, aprender ser portero, varios juegos de técnica y aprender las reglas básicas de Fútbol. Bajo el “entrenamiento de Alegría” de Coach Gíl y en un ambiente seguro y non-competitivo, también aprender ser buen deportista! No pierda jugar en los “PARTIDOS de AMISTAD y DIVERSIÓN” y en el GRAN FINAL de “LA COPA MUNDIAL de LOS GRANDECITOS”. También los padres pueden participar y no se requiere equipo especial, menos tú!

8/14 - 9/4 Domingo 12:00 - 12:45 pm

11/27 - 12/18 Domingo 12:00 - 12:45 pm

BÉISBOL (T-BALL) BÁSICO PARA “LOS GRANDECITOS” (6-10 años)

Instructor: Coach Gíl
Sitio: Extensión del “Parque Suroeste de la Comunidad” (Al lado de la Escuela Juan Soria, en la cancha)
 2900 Oeste de la calle “Cinco”
Honorarios: \$30 por 4 semanas

Esta clase NUEVA fue designada para “LOS GRANDECITOS,” por el entrenador popular “Coach Gíl.” Es para que el niño o niña juegue con su madre o padre, mientras aprendiendo las técnicas básicas de Béisbol (T-ball): tirar y agarrar (“cachár”) la pelota, batear, correr las bases y reglas simples. Equipo especial y apropiado, incluyendo varios tipos de bates y pelotas para dar les mas confianza. No pierda jugar en los “PARTIDOS de AMISTAD y DIVERSIÓN” y en el “SERIE-MUNDIAL” de “LOS GRANDESITOS.”

¡También los padres pueden participar y no se requiere equipo especial, menos Tú!

10/23 - 11/13 Domingo 12:00 - 12:45 pm

BALONCESTO BÁSICO (BASKETBALL) PARA “LOS GRANDECITOS” (6-10 años)

Instructor: Coach Gíl
Sitio: Extensión del Parque Suroeste de la Comunidad (Al lado de la Escuela Juan Soria, en la cancha)
 2900 Oeste de la Calle “Cinco”
Honorarios: \$30 por 4 semanas

Esta clase NUEVA fue designada para, “LOS GRANDESITOS”, por el entrenador popular “Coach Gíl.” Es para que el niño o niña juegue con su madre o padre, mientras aprendiendo las reglas simples y técnicas básicas de baloncesto: dominar, pasar tirar y rebotar el balón. Enseñar como jugar ofensa y defensa y también se usan canastas y balones apropiados. No pierda jugar en los “PARTIDOS de AMISTAD y DIVERSIÓN” y en la “Gran Final de Baloncesto para LOS GRANDESITOS”.

También los padres pueden participar y no se requiere equipo especial, menos tú!

9/18 - 10/9 Domingo 12:00 - 12:45 pm



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WWW.OXNARDREC.COM

LEAGUE SPORTS

TEAM-BASED ACTIVITIES, OFFERED BY RECREATION AND COMMUNITY SERVICES.

Registrations for these programs are accepted at **OXNARDREC.ORG**, or at our office at 305 W Third Street. However, each varies between individual and team registration. Please see the activity descriptions for details, or call our office for more information. **(805) 385-7995**



MIGHTY MIGHTS SPORTS

We offer Mighty Might instructional leagues to youth ages 5 to 6. Mighty Might does not keep score; rather it emphasizes enjoyment of the sport, skills, sportsmanship and team play. Lowered baskets and reduced size balls will be used to encourage learning and enjoyment. Parents are invited to participate in the learning process. Registration is individually based, no team registrations.

MIGHTY MIGHT FLAG FOOTBALL (Coed, Kindergarten - 2nd Grade)

Registration: Aug 15 - Sept 9, 2016
Fee: \$50.00 (individual registration **ONLY**)
Parent Mtg: Sept 15, 2016 @ Colonia Gym 5:30 pm
Practice Starts: Week of September 19th
Games Start: October 2016 at College Park

MIGHTY MIGHT BASKETBALL (Coed, Kindergarten - 1st Grade)

Registration: October 10, 2016 to December 2, 2016
Fee: \$50.00 (individual registration **ONLY**)
Parent Mtg: December 7, 2016 @ 5:30 pm
Practice Starts: Week of December 12, 2016
Games Start: January 7, 2017

FLAG FOOTBALL

Registration: Aug 15 to Sept 9, 2016
Fee: \$60 (team registration **ONLY**)
League starts: Week of September 26, 2016
Location: College Park
Manager's Mtg: Sept 14, 2016 @ Rio Vista Gym 6:00 pm
Divisions: 7th & 8th Grade Division
 6th Grade Division*
 5th Grade Division*
 3rd & 4th Grade Division

**If the 5th Grade Division does not have at least 4 teams to run on it's own, it will be combined with 6th Grade Division.*

GIRLS VOLLEYBALL

Registration: Aug 15 to Sept 9, 2016
Fee: \$60 (team registration **ONLY**)
League starts: Week of September 26, 2016
Locations: Colonia Gym, PAL Gym, Rio Vista Gym
Manager's Mtg: Sept 14, 2016 @ Rio Vista Gym 7:00 pm
Divisions: 7th & 8th Grade Division
 6th Grade Division*
 5th Grade Division*

**If the 5th Grade Division does not have at least 4 teams to run on it's own, it will be combined with 6th Grade Division.*

**LOOKING FOR EVEN MORE
SPORTS?**

WE HAVE A LIST OF LOCAL SPORTS
ORGANIZATIONS ON THE FOLLOWING PAGE.

"HOW DO I GET ON A TEAM?"

Many schools in Oxnard participate in our youth sports leagues. Check with your child's school to see if they are getting a team together. You can also call Oxnard PAL at **(805) 385-8230** or Colonia Gym at **(805) 385-7966** to see about getting on one of their teams.



GIRLS BASKETBALL

Registration: October 10, 2016 to November 10, 2016
Fee: \$60 (team registration **ONLY**)
League starts: Week of December 5, 2016
Locations: PAL Gym, Colonia Gym, Rio Vista Gym
Manager's Mtg: November 16, 2016 @ Colonia Gym 6:00 pm
Divisions: 7th & 8th Grade Division
 6th Grade Division*
 5th Grade Division*
 3rd & 4th Grade Division

**If the 5th Grade Division does not have at least 4 teams to run on it's own, it will be combined with 6th Grade Division.*

BOYS BASKETBALL

Registration: October 10, 2016 to December 2, 2016
Fee: \$60 (team registration **ONLY**)
League starts: January 7, 2017
Location: PAL Gym, Colonia Gym, Rio Vista Gym
Manager's Mtg: December 7, 2016 @ Colonia Gym 6:00 pm
Divisions: 7th & 8th Grade Division (A, B & C)
 6th Grade Division (D)
 5th Grade Division (E)
 3rd & 4th Grade Division (F)
 2nd Grade Coed (G)

LOCAL SPORTS ORGANIZATIONS

BOYS & GIRLS CLUB

Hueneme Branch (805) 271-9773
 MVS Youth Center (805) 815-4999
 Harriet H. Samuelsson (805) 483-1118

YOUTH SOCCER

Nothside AYSO ayso304.org
 Southside AYSO (805) 815-3553

YOUTH FOOTBALL

Knights, Thomas Espinoza (805) 216-8427
 thomasespinoza31@yahoo.com
 oxnardknightsfootball.com
 Oxnard Panthers, Robert Baca (805) 612-6986
 oxnardpanthers@hotmail.com

YOUTH TRACK

Oxnard Stars, John Speed (805) 443-5034
 oxnardstars.org

GIRLS SOFTBALL

Mermaids, Joe Guerra (805) 660-0512
 morayjoe@roadrunner.com
 mermaidssoftball.org
 Seaside, Andy Rosas eteamz.com/seasideofoxnard
 El Rio ASA, Jose Sainz eteamz.com/elrioasafastpitch
 Rip-It Misfits (805) 216-6123
 misfitsfastpitch@yahoo.com

YOUTH BASEBALL

Sunset L.L., Helen Lopez (805) 486-1891
 Eastside L.L., Claudio Olivares (805) 814-0448
 El Rio L.L., Andy Robles (805) 351-5054

AQUATICS

Titan Water Polo, Debi Owen (805) 388-1238
 CIA Swim/Water Polo, Sheri Neely (805) 486-2121
 OUHSD Aquatics, Sheri Neely (805) 278-0910
 Rio Mesa Swim Club, Coach Bill (805) 701-2038

CITY OF OXNARD

Youth Sports, Renee Rakestraw (805) 385-7995

POLICE ACTIVITIES LEAGUE

Youth Sports (805) 385-8230

YOUTH VOLLEYBALL

United States Volleyball League 1-888-988-7985
 www.usyvl.org



OXNARD POLICE ACTIVITIES LEAGUE

***“Because Every Kid
Needs a PAL”***

350 S. K Street, Oxnard
(805) 385-8230 • OXNARDPAL.ORG

Director: Terrel J. Harrison, Interim Community
Services Manager



OVERVIEW

THE OXNARD POLICE ACTIVITIES LEAGUE (PAL) is a citywide, after-school crime prevention program, which provides outreach to youth, ages 7 to 18, to build positive relationships between youth, police officers and the community. PAL offers recreational, educational, enrichment and nutrition programs—all without cost to participants. Additional activities and programs, offered by PAL partners, are offered at little to no cost or provide scholarship opportunities for qualifying youth.

Oxnard PAL is a partnership between the Oxnard Police Department and the Oxnard Recreation & Community Services Department. In addition, Oxnard PAL receives state and national level support as active members of both California PAL and National PAL. Furthermore, Oxnard PAL receives a high level of support from The Oxnard Police Activities League, Inc., a local non-profit organization made up of 8 volunteer board members. Oxnard PAL, Inc. has no employees or overhead and contributes 100% of every donation directly to supporting PAL youth.

MISSION / PURPOSE

Oxnard PAL’s mission is to build positive relationships between youth, police officers and the community. PAL’s purpose is to divert youth away from gangs and other criminal activity by offering a wide variety of positive alternatives under the care and supervision of trained police officers, recreation staff and community volunteers.

Oxnard PAL’s objectives:

- To provide youth with an opportunity to grow under the sustained guidance of dedicated adults.
- To instill in youth a respect and understanding for law enforcement officers and for the laws they uphold.
- To assist youth in developing self-esteem and to provide youth with skills to help them stay in school.
- To involve police, parents, and community volunteers in a personal commitment of time, and energy to the youth of the community.

DONATIONS

Your tax-deductible contributions of monies, goods or services are needed and sincerely appreciated. To make a donation, contact the PAL office at 805-385-8230 or go to oxnardpal.org/donations.

You may also mail your donation to:

**The Oxnard Police Activities League, Inc.
PO Box 826, Oxnard, CA 93032-0826**



BOXING

The PAL Boxing program is directly administered by Oxnard PAL, which is a member in good-standing with the U.S. Amateur Athletic Boxing Federation. Girls and boys ages 8 to 18 are welcome. Fitness and competition level training provided.

SITES:

- **PAL Mid-City Boxing Gym, 350 S. K Street, Oxnard, (805)385-8230**
- **La Colonia Boxing Gym, 520 E. First Street, Oxnard, (805)385-7963**

SPORTS

PAL offers seasonal sports such as boys' and girls' volleyball, co-ed flag football, 2nd grade co-ed basketball, boys' and girls' basketball and golf*. PAL also offers open gym time, a free weekly soccer clinic, and special sports camps such as the LA Lakers Youth Foundation Basketball Camp* and the CSUCI Summer Watersports Camp*.

For a current schedule of PAL seasonal sports and camps, visit the PAL webpage at oxnardpal.org or contact the PAL office at (805) 385-8230.

*PAL Partner programs.

PAL YOUTH CENTER

The PAL Youth Center provides a fun and safe place for kids to be after-school, as well as prior to and/or after other PAL activities. Sponsored programs and events include arts & crafts, board games, billiards, ping pong, foosball, holiday parties, Wii, outdoor games, movie days, in-house presentations (e.g. magic shows, Wildlife Experience, Mad Science) and outside field trips.

Other PAL Youth Center programs include:

HOMEWORK HELPERS: Homework assistance provided by PAL staff and community volunteers

SUMMER LUNCH: Free lunch for youth ages 0-18 during the summer months

PAL BIRTHDAY CELEBRATION: Jolly Jumpers, carnival games, contests, relay races, face painting, food and more to celebrate PAL's birthday.

DANCES & CONCERTS: In partnership with Gold Coast Broadcasting and Q104.7, Oxnard PAL offers low cost dances and concerts for Jr. High and High School aged students.



VOLUNTEERS

PAL offers long-term, seasonal and one-time volunteer opportunities. Tasks include office support, assistant and head coaching, fundraising support, mentoring, tutoring, homework help, and holiday & special event support. To ensure the safety of our youth, all adult volunteers undergo fingerprinting and screening by the Oxnard Police Department, FBI, and Department of Justice (DOJ).

KEEPIN' IT REEL VIDEO PROGRAM

Keepin' It Reel is a youth multimedia program where participants learn the fine art of video production and editing. Participants create and produce short films, PSA's and promotional videos.

Learned skills include: camera operations, acting, scriptwriting, lighting, props, set decorating, directing, and audio and visual editing.

The Oxnard PAL Keepin' It Reel program is available to all youth ages 12 to 18.

YOUTH DIRECTORS COUNCIL (YDC)

A YOUTH LEADERSHIP & MENTORING PROGRAM MENTORING

Mentoring is a time-proven strategy that can help young people from all circumstances achieve their potential. Mentors are caring individuals who, along with parents and guardians, provide young people with support, counsel, friendship, reinforcement and a constructive example. Individual (1:1) and group mentoring (1:4) opportunities are offered. A commitment of 12 months is required by all program participants and volunteers.

LEADERSHIP

All youth participate and take active rolls in organizing and planning weekly program meetings, monthly community service projects, and monthly leadership workshops. In addition, youth are provided the opportunity to attend state and national level leadership conferences.

PROGRAM COMPONENTS:

Discussions & Goal-Setting

Mentors will engage youth in meaningful and positive discussion while encouraging goal-setting and helping youth to achieve their goals through measurable objectives, advocacy and weekly follow through.

Group Activities & Games

Mentees will participate in a variety of small and large group activities ranging from general recreation activities to educational workshops and/or presentations.

The Oxnard PAL YDC program is available to all youth, ages 12 to 18.



OXNARD PAL ALL-CITY BAND

Oxnard Recreation and Community Services in cooperation with the Oxnard Police Activities League (PAL) is offers an exciting music program for young people from grade school to college. Instruction is provided by Mr. Fundi Legohn, Band Director at Oxnard High School.

Music lessons are in investment in children's futures as students not only have fun with music, but see their academic test scores improve and their social skills develop.

Students, from beginners to advanced, may enroll at anytime for one-month sessions. Classes are Monday, Tuesday and Wednesday 4:30 pm - 6:30 pm in room 108 at PAL.

Classes 1 & 2 are beginning classes.

Students may start on a new instrument, learning from the very beginning in Class 1. As the students progress, they will move to Class 2 to continue advancing.

Classes 3 & 4 are intermediate level classes.

Students who have played an instrument for about one year will attend these classes.

Classes 5 & 6 are advanced classes.

These students usually have about three or more years of music instruction, and are typically high school students.

Classes 7 & 8 are for highly advanced class.

These are students who are still playing music after high school, typically college students up to age 21.

All classes will teach musical skills, leadership, teamwork, critical thinking skills, ear training, physical exercise, importance of academics, and marching skills. There is also a beginning band, intermediate band, and advanced band connected to this program. Instruction includes two classes per week (e.g. Level 1 class on Monday with beginning band practice on Wednesday).

Oxnard PAL All-City Band at the Oxnard Police Activities League, 250 South K St., Rooms 108-109 in the 2-story building next to the gymnasium.

HOMEWORK HELPERS

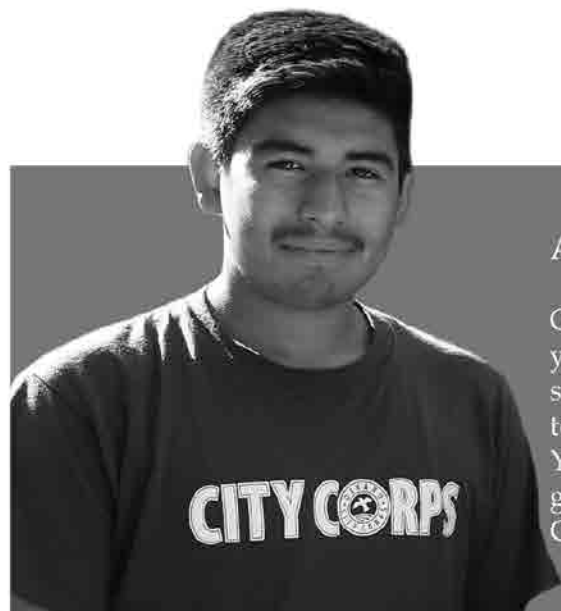
**MONDAY THROUGH FRIDAY,
3 - 7 PM**

The Oxnard PAL program's mission is to provide a safe place for Oxnard's youth to find assistance to complete their homework and projects.



CITY CORPS

Learning Through Work & Service



ABOUT US

Oxnard City Corps is an organization designed to give youth work experience while learning valuable skills and serving their community. We offer opportunities for youth to take initiative in their exploration of many career paths. Youth also learn the value of caring for their town while gaining valuable team-based work experience. Oxnard City Corps serves youth ages 12-24.

Service Learning • Work Training • Community Building

Self-Confidence • Empowerment • Valuable Experience
Job Preparation • Self Discovery



Townkeeping



Afterschool Education



Event Technology



Community Gardens



Multimedia



Learn • Work • Service

I pledge to learn as much as I can from my community work and service, and use everything I learn to improve my community, my country, and myself.

CONTACT US

701 S G. Street
Oxnard, CA 93030
805-385-8123
citycorps@oxnard.org

OXNARD SPECIAL POPULATIONS

PROGRAMS FOR PHYSICALLY DISABLED AND SPECIAL NEEDS INDIVIDUALS

Registration procedures vary between programs. Please see the activity descriptions for details.

JANNA’S BEADS & JEWELRY LESSONS

Participants have the opportunity to make bracelets and necklaces for themselves or a loved one. Fine and gross Motor Skills are practiced while progressing from large to small beads and simple to complex patterns. Open to all ages.

Lessons are given once per week from 4:30 to 5:30 pm at the Wilson Senior Center (350 North C Street). The cost is \$5 per session. Each session is five weeks. Call (805) 385-8019 for more information.

ART LESSONS

Participants will be taught how and when to use mixed mediums to create a wide variety of art pieces with the final day of each session being a Family Art Showcase. Open to all ages.

Class is held once per week from 5:00 to 6:00 pm at the Wilson Senior Center (350 North C Street). The cost for this class is \$5.00 per session. Each session is five weeks. Program starts September 18th. Call for more information.

MONTHLY FUN CLUB

Monthly themed activities are provided. Character awards are given out based on the character trait celebrated the month before. Computer lessons, pool lessons, various activities and crafts are taught aligning with monthly themes.

Fun Club meets twice each month on the 1st and 3rd Wednesday of the month. Meetings are held at the Wilson Senior Center (350 North C Street) from 5:30 to 7:30 pm, with the exception of field trips. This is a FREE program, so don’t miss out!

COMMUNITY GARDENING

Individuals and/or Families can reserve a raised bin or garden plot to grow organic fruits and vegetables on their own or lessons are provided. Open to all ages.

Gardens are located at the Wilson Senior Center, and at a location on Pleasant Valley Road. Dates and Times are open, and the participation fee is \$15 per year. For more information, call (805) 385-8019.

DAY AT THE PARK

Join us for an afternoon of group and individual activities, arts and crafts and board games. Our Jolly Jump and City Corps train are also present. We meet at Oxnard Beach Park (1600 South Harbor Blvd.) on various Saturdays throughout the Summer. This is a FREE program, however, participants must pay for parking. Program is open to all ages.

May 14 • June 18 • July 10 • August 20 • Sept. 17 • Oct. 15
Special Holiday Event - December 10, 11 am - 2:30 pm!

BRAILLE INSTITUTE

Located at the Wilson Senior Center, Mondays from 10 am to 2 pm. The Braille Institute provides FREE classes for visually impaired and legally blind adults. Instruction is provided in daily living skills, home management, community resources and creative arts. For more information please call Mary Camarillo at 983-3324.

GOAL BALL

Participants have the opportunity to play a team sport developed for visually impaired athletes, played three-against-three in an indoor setting. Playing goal ball improves sensory motor skills, auditory awareness, agility and balance. Join us for a unique experience! For more information on dates and times please call (805) 816-5170

SPECIAL POPULATIONS DANCE

(All Ages)

Instructor: Yolanda Faggin
Location: Wilson Senior Center, Arts Building
350 North “C” Street
Fee: \$45 (4 weeks)

A fun and simple introduction to uncomplicated stretches, movements and steps. Learn three-step turns, jazz walks, squares and much more. Note: Wear comfortable clothing and shoes. [Sign up at oxnardrec.org](http://oxnardrec.org) or (805) 385-7995.

10/10 - 11/7	M	5:45-6:45 pm, No Class 10/31
11/28 - 12/19	M	5:45-6:45 pm

CHALLENGER SPORTS

for Physically Challenged and
Special Needs Individuals

SOCCER: *January - March*

Fridays, 5:30 - 6:30 pm @ Colonia Park, 170 N. Juanita St.

BASKETBALL: *January - March*

Saturdays, 9 - 10:30 am @ Rio Vista Gym, 3050 Thames River Dr.

GOLF: *February - August*

Saturdays, 3 - 4 pm @ River Ridge Golf Club, 2401 W. Vineyard Ave.

INDOOR SOCCER: *June - August*

Saturdays, 9 - 10:30 am @ Colonia Gym, 195 Marquita St.

FLAG FOOTBALL: *September - November*

Saturdays, 9 - 10:30 am @ Rio Vista School, 3050 Thames River Dr.

**JUST \$15
PER SPORT!**

For more information, call **(805) 816-5170**

Register at **www.oxnardrec.org** !

CITY OF

OXNARD

CALIFORNIA

RECREATION CLASSES *for Adults!*

To register for these classes, please visit OXNARDREC.ORG or visit our office at 305 W Third Street in Oxnard. For more information, call us at (805) 385-7995.

ACRYLIC PAINTING: BEGINNING AND ADVANCED (Ages 15+)

Instructor: Broger, Catherine
Location: Performing Arts Center, Youth Center
800 Hobson Way
Fee: \$50 + \$20 materials fee (6 weeks)
(Limited to 15 students)

Explore the art of painting with acrylics! We will begin drawing simple pencil lines and basic pencil shapes found in nature; this will be followed by an introduction to canvas painting. Relevant artists will be reviewed. This is sure to be a fun class! Register early, as class is limited to fifteen students.

9/13- 10/18 T 5:00 - 6:00 pm

10/25-12/6* T 5:00- 6:00 pm

*No Class 11/22

Follow us on

facebook

www.facebook.com/oxnardrec



Instagram

@OXNARDREC

BASIC CPR AND FIRST AID (Ages 18+)

Instructor: Olga Fernandez
Instructor: Durley Park Multipurpose Room
910 Hill Street
Fee: \$60 (pre-registered online)
\$75 (walk-in, if space is available)



This class teaches adult, child, and infant CPR/AED using lecture, video and hands on practice (with manikins). This class will also cover basic first aid skills including choking, controlling bleeding, recognizing shock, caring for burns, and dealing with sudden illness.

Students who pass the written test and can demonstrate the proper techniques on the manikin will receive a 2 year card certifying them in CPR/AED and First Aid. This class is for teachers, coaches, child care and the general public. This class is NOT for professional Rescuers. Instructor will allow a one hour lunch halfway through the class.

Saturday	09/17/16	8:00 am -5:00 pm
Saturday	10/15/16	8:00 am -5:00 pm
Saturday	11/19/16	8:00 am -5:00 pm

SAHAJA YOGA - MEDITATION (Ages 18+)

Instructor: Tomyuk, Mabel
Location: Wilson Senior Center, Arts Building
350 North "C" Street
Fee: FREE

Imagine being able to awaken your spiritual energy and to experience and enjoy the many benefits of meditation almost immediately. Sahaja Meditation, while sharing many of the fundamentals of traditional meditation techniques, is unique because of how quickly it can help you achieve self-awareness. In only one hour you will feel calmer, more relaxed and better focused every time you meditate.

Note: This is a volunteer based class, offered in both English and Spanish.

9/6 - 12/13 T 6:45 - 7:45 pm
No Class 11/22

ADULT SPORTS

Registrations for these programs are accepted at oxnardrec.org, or at our office at 305 W Third Street. However, each varies between **individual** and **team** registration. Please see the activity descriptions for details, or call our office for more information. (805) 385-7995

ADULT BASKETBALL

The City of Oxnard Adult Sports Program will offer adult basketball: Men's D, Men's Rec. Open, Men's 40+ and Women's divisions. The women's league will be offered at the Colonia Memorial Park Veterans Gymnasium, 195 N. Marquita St. The Men's D and Men's Rec. Open and Men's 40+ will play at the Oxnard PAL Gym, 300 S. K St.

Monday: Women's (Colonia Gym)
Wednesday: Men's D (Oxnard PAL Gym)
Sunday: Men's Rec. Open (Oxnard PAL Gym)
Sunday Men's 40+ (Oxnard PAL Gym)

League fees are \$300 plus \$30 per game for officials. Awards will be given to the top two teams in each league and individual awards to the first place team only.

The league will begin play the week of Sept. 12, 2016 and all teams will play a ten game season. Registration deadline is Thur. Sept. 1, 2016. Entry forms can be obtained online at www.oxnardrec.org or at the Recreation Office. Please call (805) 385-7995 for further information.

**WE OFFER OPEN
GYM PERIODS!**

*FOR DETAILS, SEE OUR FACILITY
INFORMATION ON PAGE 48*

2016 ADULT SOFTBALL SUMMER LEAGUE

The City of Oxnard Recreation/Community Services will offer adult softball during the summer.

Entry fees are \$375 plus \$15 per game for umpire fees. The awards given are first and second team and individual awards for first place only.

Days of league play:

Monday: Women's Rec., Men's Rec. & Men's Rec. I
Tuesday: Coed Rec.
Wednesday: Men's Rec., Men's Rec. 1 & Men's Rec. West
Thursday: Men's Rec., Men's Rec. I & Men's Rec. West
Friday: Coed Rec., Coed Rec. I & Coed Rec. West
Sunday: Coed Rec., Coed Rec. West

The fall league will begin play on Monday Oct. 3, 2016 with registration set to begin Monday, Mon. Sept. 12, 2016 and continue through Thursday, Sept. 29, 2016. Games will be played at the Softball Complex, 801 Hobson Way and Beck Park, 600 W. Kamala St. Games times are 6:30, 7:45 and 9:00 pm during the week. On Sundays, the games times are 4:30, 5:45 and 7:00 pm.

Entry forms can be obtained online at www.oxnardrec.org. You can call the Recreation Office at 805 385-7995 or the Softball Office at 805 385-8170 for more information.

OPEN BADMINTON

This is not your backyard variety badminton. This sport will guarantee you a full aerobic workout. Badminton played every Thursday evening at the Oxnard Police Activity League (PAL) Gymnasium located at 250 South "K" Street, from 7:00 pm to 10:00 pm.

Registration is taken on-site. The cost is \$2.00 and equipment is available. Come join the fun, bring a partner, and meet new friends.

OPEN TABLE TENNIS / PING-PONG

Burn calories and have fun with table tennis/ ping-pong. This sport is a way for players to get some serious exercise and keep yourself healthy and fit – a game good for your cardiovascular "the quickest game in the world".

Table tennis / ping-pong is played every Monday evening at the Oxnard Police Activity League (PAL) Gymnasium, located at 250 South "K" Street, from 7:00 pm to 10:00 pm. Registration is taken on-site. The cost is \$2.00 per person and equipment is available.

SENIOR SERVICES



CITY OF OXNARD, SENIOR SERVICES OFFICE

350 North "C" Street, Oxnard • oxnardrec.org/seniors • Open Monday through Friday • 8 am to 5 pm
Office: (805) 385-8019 • Fax: (805) 385-7494 • E-mail: seniors@ci.oxnard.ca.us

The City of Oxnard operates three distinctly unique senior centers to help meet the needs of its older residents. There is no membership fee and everyone 55 and older is welcome to visit the senior centers during operating hours to see what there is to offer and take part in our activities. Please come see what we're doing!

LAWN BOWLING



The Oxnard Joslyn Lawn Bowling Club (OXJLBC) adjacent to the Wilson Senior Center invites you to play the worldwide game of lawn bowling!

The family sport of lawn bowling is easy to learn and played all year round on an outdoor green.

After learning some basic rules and techniques of rolling your lightweight bowl as close to the target/jack as possible you'll be on your way to a winning competitive spirit.

This wonderful sport at OXJLBC is an exquisite social activity combining skill, excitement, great friends, free lessons and trial equipment. You'll develop a new zest for life and spectators can watch and enjoy for free at 350 N. C. St. Oxnard CA! Played Monday, Wednesday, Friday and Saturday from 9:30 AM to 12:00 PM, for further information call 805-385-8034 or visit our website

WWW.OXNARDLBC.COM

CONGREGATE MEALS

Hot, nutritious meals are served weekdays at each of our centers following menus prepared by a qualified nutritionist with senior dietary needs in mind. Dishes on a recent menu included Salisbury Steak, Stuffed Green Peppers, Lasagna and Turkey Pot Roast.

The Senior Nutrition Program is for those ages 60 and older. Suggested donation is \$3 per day or \$5 for those younger than 60. There are no waiting lists or income qualifications. To make sure we've got a meal ready for you, please call the senior center to make a reservation.

Wilson: 11:30 am - 12 pm, (805) 385-8029

Palm Vista: 11:30 am - 12 pm, (805) 385-8163

HOME-DELIVERED MEALS

This program is designed for those ages 60 and older who are homebound and not able to attend one of our centers.

The participant receives 10 frozen meals and enough fruits, salad, bread, butter, yogurt, cheese and milk to fill out the meals. Again, all designed with the senior in mind by a qualified nutritionist.

Home-delivered programs are bi-weekly. A donation of \$3 per meal or \$30 bi-weekly is suggested for both programs. For more information or an application, contact our Senior Nutrition Program Coordinator at 385-8029.



THE WILSON SENIOR CENTER

350 NORTH C STREET

(805) 385-8028

www.oxnardrec.org/seniors

Hours: Monday - Friday, 9 am to 4 pm
Closed All Major Holidays

Director: Fernando Garcia

WEEKLY EVENTS

HEALTH INSURANCE COUNSELING AND ADVOCACY (HICAP) - FREE!

Take advantage of the FREE service that will guide you through the ever-changing rules and regulations of Medicare Forms, including Part D.

Appointments are made through HiCap office ONLY by calling (805) 477-7310. This service is offered by appointment only.

1st Tuesday of the Month 11 am - 1:00 pm

1st Thursday of the Month 9:00 am - 12:00 pm

EDUCATIONAL WORKSHOPS FROM HICAP (FREE)

For those of you that would like to learn more about the services that are offered from this agency, here are a few opportunities. These workshops are designed to assist seniors in better understanding services that are available for seniors to take advantage of. Reservations recommended, however walk-ins are welcome.

Wednesday Sept. 21st 1:30 - 3:30 pm

Wednesday Oct. 19th 1:30 - 3:30 pm

AARP SMART DRIVER CLASS

Take this course to review safety rules and laws of the road and you may become eligible to receive 5-10 % discount from your auto insurance. Reservations required in advance. Call 385-8028

Wed. Oct. 26th & Thurs. Oct. 27 *(both days required)*
9:30 am - 2:00 pm

1 day refresher course - December 14th
9:30 am - 1:30 pm

\$15 for Current AARP Members
\$20 Non-Member

BALL ROOM DANCING (FREE)

Do you like to Dance? This is your opportunity to express yourself in a low pressure, fun filled environment. Beginners are welcome. Experience the pleasure of conquering a new activity. Come out and join us and learn the various steps to multiple dances.

Thursdays 1:30 - 3:30 pm

ZUMBA CLASS

This class is ongoing. Bring your youthful spirit and be prepared for lots of smiles as you exercise to energetic sounds of music with our volunteer instructor, Raul Monroy. Dress appropriately for exercise, go at your own pace, and be sure to bring a water bottle.

Monday, Tuesday & Thursday 9:30 - 10:45 am
\$2 per class is the recommended Donation



LINE DANCE (FREE)

Learn the basic steps to classic line dance songs in a fun filled relaxed atmosphere. Come out for the exercise as well as conversation. Bring comfortable clothing and a water bottle.

Wednesday 1:30 - 3:00 pm

TAI CHI CLASS (FREE)

Wilson Center is proud to offer this class that challenges you to keep your mind sharp and strengthen your body. Tai Chi has been proven to offer better balance and fall prevention. Come enjoy this low impact exercise that's does wonders for the mind and body volunteer instructor, Corine Reeber. Bring comfortable attire.

Wednesday & Friday 9:30 - 10:30 am

MOVIE MATINEE

One Friday each month check out a matinee movie at the Wilson Center. Enjoy a good film and cup of coffee or ice tea along with a bag of popcorn. Check our calendar or call the center for the month's feature presentation and date of the movie. Walk-ins are welcome. Requested donation \$1

Fridays at 12:15 pm

Sept 23, Oct 21, Nov 18, Dec 16, Jan 27

CONNECTIONS COMPUTER TUTORING (FREE)

Are you having trouble understanding programs or just a beginner and wish to learn how to surf the Internet? Computer tutoring available to you at no cost, call to schedule an appointment.

2nd and 4th Wednesdays of the Month

10:30 am - 12:00 pm

B-I-N-G-O

Low cost games played for small prizes. Great for first time players wanting to learn yet challenging enough for the advance player. Bring a friend. \$2 per Card, 8 games played

Tuesday 1:30pm

ST JOHN'S HEALTH AND WELLNESS SCREENINGS (FREE)

Offering blood sugar, weight, and pulse check ups along with physician referrals.

1st Monday of the Month 10:00 - 11:30 am

NIFTY NEEDLERS GROUP (FREE)

Bring your own yarn and needles. Enjoy conversation and a cup of coffee. Enjoy some smiles and build memories while knitting for your friends and family.

Tuesday 10:00 am - 1:00 pm



BONE BUILDERS (FREE)

Low impact exercise performed on chairs and using light weights. Call 805-385-8024 for more information. See our ad on page 40!

Monday & Wednesday 3:15 - 4:30 pm

Tuesday & Thursday 2:45 - 3:45 pm

ART CLUB (FREE)

Express your artistic talents in a friendly environment. Drop-ins are welcome, bring your own materials and a smile.

Friday 10:30 - 1:00 pm

PINOCHLE GROUP (FREE)

Actively looking for more players/members. All levels of experience and drop-ins are welcome.

Thursday 12:00 - 3:45 pm

WII BOWLING (FREE)

Play for fun or a chance to be on the Wii Bowling Tournament Team. All levels of players welcome to come and enjoy. Drop-ins are welcome.

Tuesday & Thursday 11:00 am - 1:00 pm

GAME ROOM (FREE)

Shoot some billiards on one of our four pool tables, play dominoes, cards or chess in our games room. The only place in town to shoot 8-ball or 9-ball for free and catch a ball game on the flat screen TV.

Monday - Friday 9:00 am - 3:45 pm

TOE NAIL CLIPPING

Purchase a session for yourself, a friend or family member. By appointment ONLY. Call Susan 805-987-3951 to schedule and appointment. \$15 per session

**1st and 3rd Thursday of the Month
9:00 am - 1:00 pm**

LOW VISION WELLNES SUPPORT GROUP (FREE)

Representatives from Braille Institute meet with visually challenged seniors. Call 385-8028 for more information.

Monday 9:45 - 11:45 am

LEGAL ADVICE (FREE)

CONSULTATION)

Seeking advance or assistance in planning your will or trust fund, call Grey Law. By appointment ONLY call 805-658-2266.

**1st Wednesday and 2nd Tuesday of the Month
9:15 - 11:30 am**

USDA FOOD PANTRY FROM FOOD SHARE (FREE)

Wilson center offers a food pantry on first come first served basis. Working together with Food share, persons over 55 may take a bag filled with canned goods, sometimes pastas, and juices. Walk-ins welcome!

1st Friday of the Month

SENIOR SERVICES PARADE FLOAT (FREE)

Beginning in mid October, join us in planning and preparation for entering a float in the City of Oxnard Holiday Parade. Group will meet weekly and prepare decorations for a float to be entered in the Parade. Those assisting and participating in the weekly meetings will be allowed to ride the float during the parade. Call 805-385-8028 for more information.

**Holiday Parade will be Saturday Dec. 3rd, 2016
8:00 am - 12:00 pm**



**SENIOR SERVICES
IS ONLINE!**

Follow us on Facebook, Twitter,
and Instagram

@OXNARDENIORS

VOLUNTEERS NEEDED

Still have the inner desire to assist people in your community? Are you a go-getter attempting to start up an activity or group? If you fit this description and are interested give us a call. Always looking for friendly faces.

Call 385-8028 for information.

SPECIAL EVENTS AT WILSON

SEPT 8	LABOR DAY & GRANDPARENTS DAY CELEBRATION 11:00am-2:00pm \$6 per person
OCT 31	HALLOWEEN LUNCHEON & DANCE 11:00 am - 2:00 pm \$6 per person
DEC 3	OXNARD CHRISTMAS PARADE 8:00 am - 12:00 pm
DEC 23	CHRISTMAS EVE CONTINENTAL BREAKFAST 9:00 am - 11:30 am
JAN 6	NEW YEARS CELEBRATION \$6 per person 11:00 am - 2:00 pm



PALM VISTA SENIOR CENTER

801 SOUTH C STREET
(805) 385-8163

WWW.OXNARDREC.ORG/SENIORS

Hours: Monday - Friday, 8:30 am to 2:30 pm
Closed All Major Holidays

WEEKLY EVENTS

PALM VISTA SENIOR NUTRITION

Hot and nutritious meals are served weekdays at Palm Vista. Menus are prepared by a qualified nutritionist with senior dietary needs in mind. Dishes on a recent menu included Salisbury Steak, Stuffed Green Peppers, Lasagna and Turkey Pot Roast. The Senior Nutrition Program is for those ages 60 and older. Suggested donation is \$3 per day or \$5 for those younger than 60. No waiting lists or income qualifications. To make sure we've got a meal ready for you, please call our senior nutrition program coordinator to make a reservation at 805-385-8163.

Monday - Friday 11:30 am - 12:00 pm

Feel like taking a trip?
TAKE AN EXCURSION!

See our list of Senior excursions on page 39!

COFFEE SOCIAL

Enjoy coffee, oatmeal, or hot chocolate (50¢ per cup) while sharing stories with new and old friends.

Monday - Friday 9:00 - 11:00 am

GAME TIME (FREE)

Pool Table, Dominoes, Cards, and Game Boards.

Monday - Friday 9:00 am - 2:00 pm



BINGO & LOTERIA MEXICANA

Play for fun, prizes, and meet new friends.
(4 games for \$1)

Bingo	Tuesday	11:00 - 11:45 am
Loteria	Monday	11:00 - 11:45 am

WII GAMES (FREE)

Wonder what all the uproar over Wii games is about? Come to our center and find out. You can play for fun or contend for a spot on our Wii Bowling teams that compete annually against teams from other senior centers around the county. No Need to register! Newcomers always welcome.

Monday - Friday 9:30 am - 2:00 pm

WELLNESS CLINICS: HEALTH & EXERCISE PROGRAM (FREE)

Services provided by St. John's Regional Medical Center include blood pressure checks, weight and pulse checks, and diabetes screening/monitoring.

4th Monday of the month 9:30 - 11:00 am

EXERCISE (FREE)

Services provided by St. John's Regional Medical Center Education Department & Arthritis Foundation.

Tuesday 10:00 - 11:00 am
Every 1st and 3rd Thursday 10:00 - 11:00 am

HICAP VISITS (FREE)

Oct 6	12:00 - 1:00 pm
Nov 12	Open counseling event
	10:00 am - 12:00 pm (2 hour event)
Dec 14	12:00 - 1:00 pm

GRIEF SUPPORT GROUP (FREE)

A support group designed to facilitate the grieving process in a warm and accepting environment.

2nd & 4th Tuesday of month
11:00 am - 12:00 pm

BONE BUILDERS (FREE)

Exercises performed on chairs while using light weights. Call (805) 385-8163 to sign up or for more information.

Monday & Wednesday 10:00 - 11:00 am

BIRTHDAY PARTY

Come and celebrate our monthly birthdays with snacks and singing Karaoke.

Once a month (dates vary) 9:00 - 11:00 am
Call 805-385-8163 for dates and times.

COMPUTER LAB (FREE)

Do you have a computer but no idea how to use it? Do you want to learn a little more about computer programs to keep up with technology so you could email pictures of grandchildren, pay bills on internet, or type a letter? Join us! First time users welcome.

Monday - Friday 9:30 am - 2:00 pm

MASSAGES

Come get a relaxing massage! It's the perfect thing to help you unwind and relieve stress. Massages are \$15 per 15-minute sessions by appointment.

Every 2nd Friday 9:00 am - 1:00 pm

BRaille INSTITUTE (FOR THE VISUALLY IMPAIRED)

Braille institute focuses on empowering visually impaired people to live fulfilling lives, teaching participants how to operate on their own with low vision. This is a free program!

Every 2nd Friday 10:30 - 11:30 am

PEDICURES

Come get your feet wet and your nails cleaned and clipped for only \$15. Call 805-385-8163 to book your appointment.

Dates are (Bi-monthly):

Thursday, October 8 9:30 am - 12:00 pm

Thursday, December 10 9:30 am - 12:00 pm

MOVIE DAY

Come join on classic movie day! Sit back and relax while enjoying a classic movie and refreshments. Once a month, dates vary. Call 805-385-8163 for dates and times.

FARMERS MARKET (PLAZA PARK)



Come join us for an excursion to the Downtown Plaza Park Farmers Market where you can purchase locally grown produce and enjoy some light shopping.

**4th Thursday of the Month
9:45 am - 12:45 pm**

SPECIAL EVENTS AT PALM VISTA

SEPT 8	GRANDPARENTS DAY 11:00 am - 1:30 pm
SEPT 16	MEXICAN INDEPENDENCE CELEBRATION 11:00 am - 1:30 pm
OCT 31	HALLOWEEN PARTY (with costume contest) 10:30 am - 1:30 pm
NOV 23	THANKSGIVING PARTY 11:00 am - 1:30 pm
DEC 23	CHRISTMAS EVE CELEBRATION 9:00 am - 12:00 pm
JAN 6	NEW YEAR'S CELEBRATION 11:00 am - 1:30 pm



SENIOR SERVICES IS ONLINE!

Follow us on Facebook, Twitter, and Instagram

@OXNARDSENIORS



SOUTH OXNARD CENTER SENIOR CENTER

200 EAST BARD ROAD

(805) 385-8042

WWW.OXNARDREC.ORG/SENIORS

Hours: Monday - Friday, 9:00 am to 2:00 pm • Closed All Major Holidays

Director: Desire Ventura
desire.ventura@ci.oxnard.ca.us

WEEKLY EVENTS

VOLUNTEER WITH OUR SENIORS

Volunteers are an essential part of our community. Help with programs, activities, front desk, organization or filing is always welcome. Please contact the center director at (805) 385-8042 to find out how you can get involved.

FUN CLASSES

Collage and Bookmarkers making class, Scrapbooking.

Call (805) 385-8042 for class information

LINE DANCE (FREE)

Changing the perception of aging one line dance at a time. Local line dance enthusiasts offer two low impact classes per week. Dance your way to health while learning new dance techniques.

Monday & Friday 10:00 - 11:30 am

1 ON 1 COMPUTER CLASSES (BILINGUAL) (FREE)

Join us on for computer basics call for appointment. Bring your own device or use one of our computers.

Wednesday 11:00 am - 12:00 pm

LOW IMPACT ZUMBA GOLD AND HAWAIIAN DANCE FUSION!

Unique to South Oxnard Center, Low Impact Zumba infused with moves from the Island.

Tuesday 11:30 am - 12:30 pm \$1



ART STUDIO

Led by Judy Suzuki, this art studio allows individuals to paint at their own pace. Step-by-step instructions will be provided to beginners in color mixing, brush techniques and paint application. Brushes/acrylic paints provided. Canvases are available for purchase. \$10 per class.

Thursday 9:00 - 11:30 am
Tuesday 12:00 - 1:30 pm *New Class*



BINGO

Play for fun, play for prizes and special end of the month games and prizes! \$1 for 1 card/ 5 games or \$2 for 3 cards

Monday 10:15 am

ANCIENT ART OF BELLY DANCING FOR SENIORS

Though belly dancing has been around for centuries, it has recently been recognized by professionals for having many health benefits as a low-impact work out. Considered a weight-bearing exercise, it can increase bone density, improve posture, decrease lower back pain and prevent osteoporosis. Come join us, \$1 per class.

Wednesday 11:00 am - 12:00 pm



COUPON CLIPPERS CLUB (FREE)

Bring your coupons or help yourself to ours. Have fun while trading coupons. Talk about your latest, greatest deals!

1st Friday 10:00 am

WII GAMES (FREE)

Wonder what all the uproar over Wii games is about? Come to one of our senior centers and find out. You can play for fun or contend for a spot on our Wii Bowling teams that compete annually against teams from other senior centers around the county. No need to register, newcomers welcome!

Wed/Thurs/Fri 10:15 am - 12:00 pm



OPEN MIC KARAOKE (FREE)

Come channel your inner Sinatra or Cher! Join us for an hour of fun through music with an end of the month prize for the best Karaoke score.

Last Friday of the month 11:30 am - 12:30 pm

TAI CHIH CHUAN

Let go of stress while learning the gentle moves of Tai Chi Chih. Benefits include better balance, lower blood pressure, and improved circulation and muscle tone.

Wednesdays 12:15 - 1:15 pm
\$5 per class

JEWELRY MAKING

Our instructor will teach you how to make earrings, rings, necklaces, and many other pieces or simply breathe new life in to old jewelry you may already have. Bring your own beads and supplies or use some of ours. \$1 per class.

Wednesday 11:00 am - 1:00 pm

DAILY EXERCISE (FREE)

Join us for morning stretching and low impact chair exercises based on the Arthritis Foundation program. Exercise developed to help reduce pain and improve overall health and well-being.

Monday - Friday 9:00 - 10:00 am



COFFEE SOCIAL

Coffee tastes so much better while you're socializing with friends! Enjoy a very welcoming environment encouraging like-minded seniors to

enjoy the simpler moments in their day. Bring your own mug 50¢, One of our mugs 75¢.

Wednesday 10:00 - 11:15 am



RSVP BONE BUILDERS (FREE)

Whether you just want to improve your balance and strength, this could be the class for you. Our exercises are designed to build bones, balance, strength and friendships. Weights are provided in class. See our ad in this Recreation Guide, call 385-8019 or go to www.oxnardrec.org for more information. See our ad on page 40!

Tuesday & Thursday 10:15 - 11:15 am

GREY LAY/FREE LEGAL COUNSELING (FREE)

Grey Law attorneys provide free legal assistance to seniors age 55+. Make an appointment by calling (805) 658-2266.

4th Wednesday of month 9:00 - 11:00 am

HEALTH INSURANCE COUNSELING AND ADVOCACY PROGRAM (HICAP) - FREE!

Counseling and community education on Medicare, managed care, and other health insurance issues provided by HICAP. Call to make an appointment (805) 477-7310. Counseling available in English, Spanish, German and Hebrew.

2nd Wednesday 9:30 - 11:00 am

SENIOR SHARE PROGRAM (FREE)

Supplemental bags of groceries provided for 1,900 seniors at 32 sites throughout Ventura County. Bag contents vary depending upon availability of items. Applicants must meet eligibility requirements.

Applications available, must provide current copy of California ID to apply. Apply only through Food Share.

ST. JOHN'S FREE WELLNESS CHECKUP CLINIC (FREE)

Often wonder how you are doing between doctor visits? If you are 55 or older, stop by one of the free Wellness Clinics offered on the 4th Tuesday of the month. Services provided by St. Johns Regional Medical Center include:

- Blood pressure checks
- Weight and pulse checks
- Diabetes screening/monitoring
- Diet and nutrition information
- Information on illness, medications and maintaining wellness
- Physician referrals

4th Tuesday of the month 8:30 - 10:00 am

SAVE THE EARTH CLUB! EVERYDAY! (FREE)

We encourage everyone to be more aware of one-use containers by inviting them instead to use a reusable drink bottle. Bring a reusable bottle to the center while enjoying a class or event and get a free raffle ticket! Winner will need to be present.

Last Wednesday of the month 10:30am

RE-PURPOSING HOUSE-HOLD ITEMS

If you have a unused item in your home in good condition, bring it to us! We will let you know if we can find it a new home by using it as a prize in one of our many monthly drawings or a prize for one of our friendly games!

BOOK EXCHANGE AND SENIOR LIBRARY

Located inside the South Oxnard Senior TV Room, the Senior Center Library provides informational and recreational materials including magazines, cook books, non-fiction and fictional reading selections. We welcome you to borrow our books or donate any gently used books you may no longer need.

Feel like taking a trip?

TAKE AN EXCURSION!

See our list of Senior excursions on page 39!



SENIOR SERVICES IS ONLINE!

Follow us on Facebook, Twitter, and Instagram

@OXNARDSENIORS

SPECIAL EVENTS AT SOC

- | | |
|---------|---|
| Sept 7 | GRANDPARENT'S DAY COFFEE SOCIAL & CELEBRATION; \$5
10:00 am - 1:00 pm |
| Sept 8 | ALZHEIMER'S WORKSHOP; FREE 10:00 am - 12:00 pm |
| Sept 1 | FREE MEDICARE SEMINAR & INFORMATION ON PREVENTIVE SERVICES
10:45 - 11:15 am |
| Sept 16 | AUTUMN COLLAGE & BOOKMARK MAKING CLASS; FREE 10:30 am - 12:00 pm |
| Oct 31 | HALLOWEEN & MONTHLY BIRTHDAY LUNCHEON
10:15 am - 1:00 pm
Call Center for more info, RSVP by 10/21 |
| Nov 10 | VETERAN'S DAY CELEBRATION
10:00 - 11:30 am, Coffee and refreshments provided |
| Nov 23 | THANKSGIVING & BIRTHDAY LUNCHEON
10:00 am - 1:00 pm
Call Center for more information, RSVP by 11/10 |
| Dec 14 | COFFEE SOCIAL & BIRTHDAY CELEBRATION; \$6
10:00 - 11:30 am, RSVP by 11/30 |
| Dec 23 | CHRISTMAS BREAKFAST CELEBRATION
9:30 - 11:00 am, Coffee and refreshments provided |
| Jan 6 | NEW YEAR'S COFFEE SOCIAL & CELEBRATION; FREE
10:00 am - 11:00 am Coffee and refreshments provided |

Connections

*Because Learning and Socializing
Never Grows Old.*

ATTEND THE WILSON SENIOR CENTER FROM THE COMFORT OF YOUR HOME!

A new Senior Tech Program is starting and will allow you to enjoy lunch, attend classes, or simply chat with fellow center participants of the Wilson Senior Center without ever leaving your home!

For more information Contact Program
Lead, Miguel, at

(805) 425-7881

****Computer Equipment is available, must have
internet currently available within your home****



SENIOR EXCURSIONS

SUMMER/WINTER 2016 SCHEDULE

AUGUST

Aug 13: Candlelight Pavilion

SEPTEMBER

Sep 9: Grammy Museum

Sep 13-15: Laughlin Riverside

OCTOBER

Oct 1: Glendale Center Theater

NOVEMBER

Nov 7: Getty Center

DECEMBER

Dec TBA: Holley Trolley

Call **(805) 385-8019** for more
information or visit

WWW.OXNARDREC.ORG/SENIORS

RSVP

RETIRED & SENIOR VOLUNTEER PROGRAM

350 North "C" Street, Oxnard, Ca 93030
(805) 385-8024

Studies show seniors who volunteer live longer, healthier and more fulfilling lives. RSVP helps seniors stay active and involved by matching them with community nonprofits that need their skills. If you are 55 or older, join the almost 600 local RSVP members who volunteer in our community.

RSVP members do just about everything. They tutor students, provide tax preparation assistance, help seniors live independently and lead educational and exercise classes. We recently expanded into veteran-serving areas and recruit: mentors for the Veterans Court; attorneys, paralegals and office help for a free legal clinic; and support for a vet employment committee.

However and wherever they choose to service, RSVP members meet community needs and make a lasting difference! Join today and let your life skills leave a lasting legacy.

Some Volunteer Opportunities

- Mentor a veteran
- Grocery shop for shut-ins
- Glean produce from fields
- Tutor or mentor youth
- Lead Exercises (training provided)
- Friendly visitor to a senior
- Provide office support
- Package and deliver food to seniors
- Museum Docent



Get Involved ~ (805) 385-8024 ~ Live with Purpose!



BUILD:



with RSVP Bone Builders, a free exercise and education program for people 55+

Register in class or call (805) 385-8019

Special Thanks to The Palms at Bonaventure for your continued support.





LOCATED AT COMMUNITY CENTER WEST PARK, 801 HOBSON WAY, OXNARD

The Channel Islands Racquet Club is your full-service tennis club in the City of Oxnard. We have eight fully lit championship courts. There is a clubhouse, pro shop, and locker rooms with showers. Club members enjoy taking part of weekly tennis activities including leagues, challenge ladders, club tournaments, doubles night and other fun, social events for the whole family.

The Channel Islands Racquet Club offers tennis instruction for players of all levels by PTR Professional Alex Alfaro. For more information, please call us at 483-2600.

COURT USE

Members: Unlimited with membership
Non-members: \$8 per person

ANNUAL MEMBERSHIP

Members do not pay daily rates and may reserve the courts in advance. Fees may be paid at the Tennis Center.

- Senior Membership (55+)** \$135
- Individual** \$188
- Junior** \$114
- Family** \$314

PRIVATE LESSONS

Private lessons are arranged around your schedule. They are the quickest way to learn the game of tennis. Fee is \$65 per hour or \$35 per half hour. By appointment only.

GROUP TENNIS LESSONS

The Oxnard Tennis Center is your headquarters for Tennis lessons. This center is one of the top development centers for coaching the area’s best junior, adult and senior tennis players. Director and USPTR Professional Alex Alfaro leads a friendly and experienced staff. Whether you are a big hitter or just getting started, we are excited to help you learn “The Sport of a Lifetime”.

ADULT BEGINNING CLINIC

Attention Beginners! Learn the basic forehand, backhand, volley, overhead and serve, as well as great strategy advice from our top professional staff! Thursdays & Saturdays you can learn all the shots! Call the Oxnard Tennis Center for more information.

Thursdays: 6:00 pm - 7:30 pm
Saturdays: 10:30 am - 12:00 pm
Fee: \$74 (5 classes)

INTERMEDIATE ADULT

OTC workout is a great way to learn advanced techniques and strategies from the area's most popular teaching pro. Classes offered year-round.

Mondays 6:30 pm - 8:00 pm
Saturdays 9:00 am - 10:30 am
Fee: \$14 per class (5+)
 \$16 per class (drop in)

ADVANCED ADULT CLINIC

Join in our clinic geared to more advanced quick drills and gameplay.

Wednesdays 6:30 - 8:00 pm

HIGH SCHOOL / TOURNAMENT LEVEL WORKOUT

A clinic/workout that is designed for higher-level training and match play. Offered twice per week.

Mondays: 4:30 - 6:00 pm
Saturdays: 1:00 - 2:30 pm
Fee: \$20 per class
 Special prices for high school teams



JUNIOR TENNIS

The Channel Islands Racquet Club's Junior Tennis Program has helped to develop some of the area's top college and high school players. Our successful program insures that your child will improve as he or she participates in these fun classes. Our kids group lessons are great fun for ages 4 and up.

Maximum student teacher ratio is 7 to 1. Beginning level classes meet Wednesday & Friday with classes beginning the first Wednesday of each month.

Fee: \$89 per month- twice a week
 \$54 per month- once a week
 \$15 per class

Level I	Ages 4-15	4 - 5 pm	Wed & Fri
Level II	Ages 7-17	5 - 6 pm	Wed & Fri



SPECIAL EVENTS AT THE CIRC

US OPEN FINAL VIEWING PARTY

Join us for the finals of the US Open.

VCJTA TOURNAMENT

October 1&2

Join us for our Junior VCJTA Open tournament.

HALLOWEEN MIXER

Participate in our Halloween Mixer with our contest for the best costume. Come and enjoy yourself with a fun night of great food and treats.

THANKSGIVING MIXER

We will be having a mixer and a turkey give away.

CHRISTMAS MIXER

Join us at the Club while we celebrate with all the family and friends here at the Channel Islands Racquet Club. Bring your santa hats and cheer and celebrate the holiday time with us.

**FOR ALL MIXER DATES PLEASE CHECK OUR WEBSITE
 CIRC-OTC.COM OR GIVE US A CALL AT (805)483-2600.**



**STAY CONNECTED! THERE'S ALWAYS
 SOMETHING GOING ON AT THE
 CHANNEL ISLANDS RACQUET CLUB!**

RIVER RIDGE GOLF CLUB

2401 WEST VINEYARD AVENUE, OXNARD

RIVER RIDGE GOLF CLUB

River Ridge Golf Club is a championship golf facility located at 2401 West Vineyard Avenue. Established in 1986, the facility offers country club quality at affordable prices and will challenge all levels of golfers. With 36 holes, a full service golf shop, a lighted driving range with short game practice areas, River Ridge is equipped to help any golfer enjoy the game. For those looking to sharpen up their game or interested in trying it for the first time, professional teaching staff are available. River Ridge is also a great place for weddings, banquets or meetings and has a café open for breakfast and lunch. For tee times and other info call (805) 983-4653 or go to www.riverridge-golfclub.com.

ANNUAL PASSES AND CLUBS

Avid golfers can take advantage of one of our Annual Pass Programs or join one of our many clubs. Ladies, Men, Senior, and Couples clubs are available for weekly and monthly tournament play and are a great way to play competitive golf in a fun environment. For more information, go to www.riverridgegolfclub.com.

FOOTGOLF

The River Ridge Golf Club is bringing league FootGolf to the course in September, 2015. The league will be headed by Mr. Jorge Vasquez who has earned a spot on the United States FootGolf team and will compete in World Cup in Argentina in early 2016. League play will be open to everyone with playdates on weekend afternoons. For more information, please contact River Ridge at (805) 983-4653 or go to our website at www.riverridge-golfclub.com.

BEGINNER ADULT CLASSES

New Player Program includes 6 hours of instruction covering all aspects of the game. Learn in a fun, stress free environment. Only \$99.00 per person! For more information contact Jon Gomez, (805) 320-2668 or thegteam07@gmail.com. Starts first Saturday of each month, 10 am - 12 pm and 1 - 3pm. Sunday classes from 2 - 4 pm. Wednesday night classes from 6 - 8 pm.



JUNIOR GOLF: PEE-WEE GOLF (AGES 3-4)

Instructor: Jon Gomez
Location: River Ridge Driving Range
Fee: \$45 for five weeks

Practice clubs are provided. Participants will receive five weeks of instruction & award. Space is limited to 8 participants. Registration only accepted through Jon Gomez at River Ridge Golf Club (805) 320-2668 or thegteam07@gmail.com. Classes start September 11th, 4:30 - 5 pm. Parent Participation is mandatory.

MIGHTY MIGHTS GOLF (AGES 5-12)

Instructor: Jon Gomez
Location: River Ridge Driving Range
Fee: \$60 for five weeks

Practice clubs are provided. Participants will receive five weeks of instruction & award. Space is limited to 12 participants. Registration only accepted through Jon Gomez at River Ridge Golf Club (805) 320-2668 or thegteam07@gmail.com. Classes start, September 11th, 5 - 6 pm.

TEEN GOLF PROGRAM

Designed for girls and boys ages 13 - 17 looking to improve on their games to play high school or college golf. Class includes range practice and on-course play. Please call Doug Ragan at (805) 444-5697 for dates, times, and rates.



Carnegie Art Museum
Sharing the Southern California Art Experience.

09/01/16 FREE Community Art Workshop- Paper Flower Making 3-5pm
Taller de Arte Para la Comunidad GRATUITO- Flores de Papel



9/17

Nicho Workshop

1-4pm

Make your own mixed media Day of the Dead shadow box
Taller para construir tú propio Nicho para el Día de Los Muertos.
\$40 members (miembros) / \$45
RSVP and prepayment required by September 9 | Se requiere reservación y pago por adelantado a no más tardar 9 de Septiembre.

9/24

Linoleum Printing Workshop

Grabado en Linóleo
with L.A. based Artist Daniel Gonzalez

10am-6pm

\$70 members (miembros) / \$75
RSVP and prepayment required by September 16 | Se requiere reservación y pago por adelantado a no más tardar el 16 de Septiembre

10/22

FREE Family Day

Día de Los Muertos
(Day of the Dead)

12-3pm

Día Familiar GRATUITO

Museum Hours
Thurs - Sat
10 am - 5 pm
Sun
1-5 pm

\$4 / members free

CARNEGIE ART MUSEUM

424 South C Street 805-385-8158

PRESCHOOL TO YOU



Preschool To You is a weekly mobile program for children ages 3 ½ to 5, held at neighborhood parks. Activities focus on small & large motor skills, and social skills. Parent attendance and participation is required. We will also have special events, field trips, and special guest visits! Please call for registration information. 9/6- June.

Preschool to You: Where enthusiastic learning takes place.

MONDAYS

9:00 - 11:00 am Rio Lindo Park, 841 Blanca St
12:30 - 2:30 pm Beck Park, 600 W Kamala St

TUESDAYS

9:00 - 11:00 am Colonia Rec Center, 170 N Marquita St
12:30 - 2:30 pm Lemonwood Park, 2055 San Mateo

WEDNESDAYS

9:00 - 11:00 am Orchard Park, 2130 Edelweiss
12:30 - 2:30 pm Sea View, 1001 Offshore Ln

THURSDAYS

9:00 - 11:00 am Southwinds Rec Center, 300 W Clara St
12:30 - 2:30 pm Sea Air Park, 2011 9th St

FRIDAYS

9:00 - 11:00 am College Estates Park - 1400 Gary Dr

CALL (805) 385-7995
FOR MORE INFORMATION

Registration forms are available at the park, however, please call before attending. Forms are also available at Recreation and Community Services office. Children must be 3 1/2 to 4 years old to start. Children 5 years old can attend, but must not be attending any other preschool program. Proof of immunization, birth certificate and parent's id are required when registering.*

OXNARD PUBLIC LIBRARY

MAIN LIBRARY

251 South A Street

Monday through Thursday, 9:00 am - 8:00 pm

Saturday, 9:00 am - 5:30 pm

Sunday, 1:00 pm - 5:00 pm

Library card & check-out information (805)385-7507

Adult Reference, services & events (805)385-7532

YA Reference, services & events (805)240-7309

Children's Reference, services & events (805)385-7535

Literacy office (805)385-7536

Library Administration (805)385-7528

SOUTH OXNARD BRANCH LIBRARY

4300 Saviers Road (805)385-8129

Monday through Thursday, 9:00 am - 8:00 pm

Saturday, 9:00 am - 5:30 pm

COLONIA BRANCH LIBRARY

1500 Camino Del Sol #26 (805)385-8108

Monday through Thursday, 12:00 pm - 6:00 pm

VISIT YOUR LIBRARY ONLINE

Visit www.oxnardlibrary.net for more information about ongoing services, events, access to the library catalog, test preparation, and electronic resources.

YOUR LIBRARY HOMEWORK CENTERS

The Oxnard Main Library and the South Oxnard Branch Library Homework Centers provide one-on-one homework help for 1st through 12th grade students. Regular hours are Monday through Thursday from 3pm – 7pm. The Homework Centers offer computers with Internet access and computer assistance. Students are asked to bring their homework assignments with them.

Library staff is currently recruiting volunteer tutors to provide two hours or more of help per week. For more information about the Homework Centers, please call 385-7512 for the Main Library Homework Center or 385-8129 for the South Oxnard Branch Library Homework Center.

WIRELESS INTERNET ACCESS AT THE OXNARD PUBLIC LIBRARY

Free wireless access is available at the Main Library, Colonia Branch Library and South Oxnard Branch Library for patrons using their own library card and wireless-capable devices during open hours.

COMPUTER USE

All Oxnard libraries offer free 60 minutes per day computer use with Internet access and a variety of word processing options on a walk-in basis. Pay-to-use computers are offered at the Main Library and South Oxnard Branch Library.

OXNARD PUBLIC LIBRARY ADULT LITERACY OUTREACH PROGRAM

Would you or someone you know like help with reading and writing? Volunteers work one-to-one with adults to help them improve their reading and writing as well as basic math and computer skills. The library welcomes new students and new volunteers who are interested in becoming Literacy Tutors.

For more information, please contact

ADULT LITERACY OUTREACH PROGRAM OFFICE

251 South A Street (Second Floor)

(805) 385-7536

PLANNING TO TRAVEL? APPLY FOR A U.S. PASSPORT AT THE LIBRARY!

The Main Library offers Passport Acceptance Services by appointment only.

There are two options for U.S. citizens when applying for travel documents:

- **A wallet-sized U.S. Passport card is now available for land and sea crossing between the U.S. and Canada, Mexico, Bermuda, and the Caribbean, only. This card is not valid for air travel.**
- **The standard 5" x 3.5" U.S. Passport book is valid for air, sea, or land travel.**

For more information on these options, fees, required documentation, and appointment reservations, call (805) 385-7509.

CULTURAL EVENTS

The library is a great place to attend free, exciting, and thought-provoking events for adults. Call 385-7532 or visit www.oxnardlibrary.net for more information about current and upcoming events.

EVENTS AT THE OXNARD PUBLIC LIBRARY

HISTORY OF THE 1950'S AND 60'S THROUGH POPULAR SONG!

SATURDAY, SEPTEMBER 24, 3:00 – 4:00 P.M.

The audience will relive the colorful 50's and 60's in this thought provoking, multi-media show. Folk-Rocker Marc Black will perform a wide range of popular songs, including surprising favorites like Itsy Bitsy Teenie Weenie Yellow Polka Dot Bikini, great rock tunes like Blue Suede Shoes, and moving folk songs like Bob Dylan's Blowin' in the Wind.

DOMESTIC VIOLENCE 101

SATURDAY, OCTOBER 22, 3:00 – 4:00 P.M.

October is Domestic Violence Awareness Month, and Interface will send a representative to discuss what it is, how to identify someone who may be abused, what to do about it, and what are some of the resources available to victims.

PETER FLETCHER – CLASSICAL GUITAR CONCERT

SATURDAY, NOVEMBER 5, 2:30 – 3:40 P.M.

Acclaimed Classical Guitarist Peter Fletcher returns to enchant us again with his beautiful music spanning centuries and continents. He has regularly performed to packed houses at Carnegie Hall in New York and has produced eight music CDs, which include works by Frederico Mompau, Erik Satie and Edvard Grieg. His CDs will be available for purchase, and Mr. Fletcher will be pleased to sign them.

Cultural and special events are free to all participants and are sponsored by the Friends of the Oxnard Public Library.



STORY TIMES

These weekly programs are free and do not require registration.

MAIN LIBRARY

Preschool Story Time **Tuesdays, 10:30am**
Bilingual Story Time **Thursdays, 5:30pm**

SOUTH OXNARD BRANCH LIBRARY

Baby & Toddler Story Time **Mondays, 11am**
Bilingual Story Time **Mondays, 5pm**

COLONIA BRANCH LIBRARY

Please call 385-8108 for story times.

VOLUNTEER OPPORTUNITIES

We are currently offering volunteer opportunities in the following programs:

Homework Center
Literacy
Library Board
General volunteering at all three libraries

THE FAMILY PLACE

The South Oxnard Branch Library now offers a special space for babies through five year-olds and their parents/caregivers. The library's Family Place provides a unique opportunity for babies and young children to learn by playing with and sharing developmentally appropriate toys and books. The Family Place also offers parenting books, DVDs, pamphlets, and magazines for parents/caregivers.

FRIENDS OF THE LIBRARY GIFT SHOP & BOOK SALES

Located at the Main Library and operated by Oxnard Friends of the Library Foundation volunteers, the Gift Shop offers a great selection of greeting cards, toys, jewelry, purses, candles, scarves, seasonal items and used books. On-going book sales take place at the library during open hours. Monthly book sales take place the third Thursday morning of the month. All proceeds benefit the Oxnard Public Library's programs.

GUIDELINES FOR DONATIONS

The South Oxnard Branch Library and Colonia Branch Library are no longer accepting book and media donations. You can donate your books to the Oxnard Public Library on 251 South A St. during our normal business hours of

Monday through Thursday	9 am to 8 pm
Saturday	9 am to 5:30 pm
Sunday	1 pm to 5 pm.

The library appreciates your donations; however, we are unable to accept some material. For the health and safety of library employees and volunteers, and for the integrity of the library's collection, the following will **NOT** be accepted:

- Books or magazines with yellowed or torn pages
- Books or magazines that are dirty, moldy, or have an offensive odor
- Books or magazines infested with insects
- Reader's Digest condensed books
- Encyclopedias older than 5 years
- Computer, medical, law, or real estate books older than 3 years
- Computer/office equipment

DON'T MISS OUT ON THE LATEST LIBRARY UPDATES!

Like us on Facebook for the *latest* updates and media from YOUR local libraries! Be the first to find out information on new events & programs, and even give us a shout out!

facebook.com/oxnardpubliclibrary

RECREATION PARKS & FACILITIES



YOUTH ACTIVITY CENTERS

The Neighborhood Youth Centers offer an exciting variety of activities for youth ages 6 to 17. Activities include seasonal sports, arts, crafts, excursions, special events, movies, homework assistance and much more! Stop by your local youth center, meet our friendly staff and review our monthly calendar. Centers are open weekdays, from 2 - 6 pm.

COLONIA PARK

197 N Marquita St • (805) 385-7970

SOUTHWINDS PARK

300 West Clara • (805) 385-7482

SOUTH OXNARD CENTER

200 E Bard Rd • (805) 488-8539

Follow us on Twitter for the latest facility updates!

@OXNARDREC

OPEN GYMNASIUMS

COLONIA MEMORIAL PARK VETERANS GYMNASIUM

The Colonia Memorial Park Veterans Gymnasium is located at 195 Marquita St. and is open Monday through Friday, noon - 9 pm. For information regarding adult open play, leagues and other activities, call 385-7966 between noon and 6 pm, Monday through Saturday.

RIO VISTA INTERMEDIATE SCHOOL GYMNASIUM

Recreation and Community Services offers an open gym at Rio Vista Intermediate School, 3050 Thames River Drive, Oxnard. The Gym is open Monday through Friday, from 6:00 pm to 9:00 pm.

The gym will offer the following activities:

Mon	Basketball	Wed	Basketball
Tues	Volleyball	Thurs	Volleyball
Fri	Open		



BEDFORD PINKARD SKATE PARK

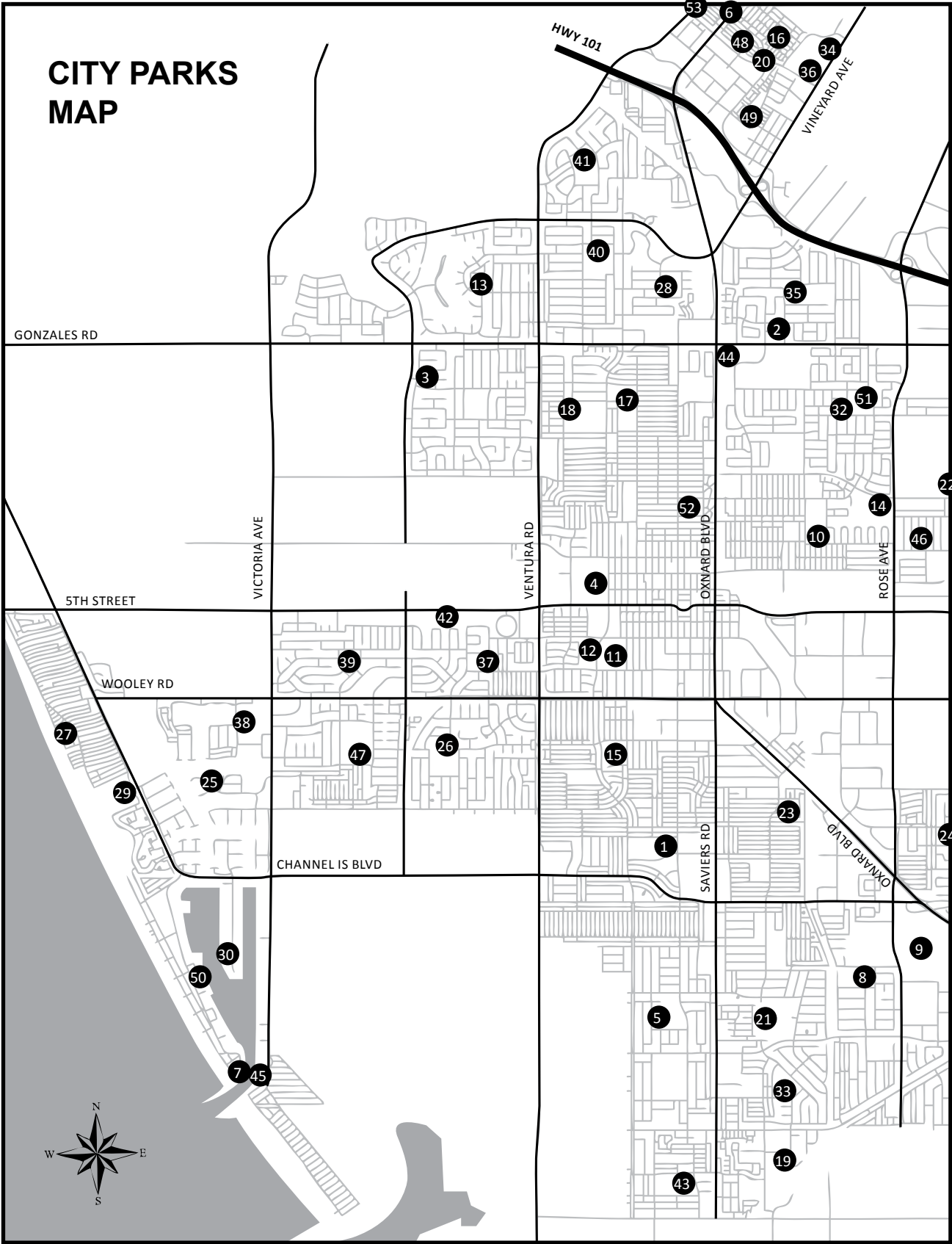
The City of Oxnard Bedford Pinkard Skateboard Park is located at 3250 Rose Avenue across from Channel Islands High School. The park is open for skateboards and in-line skates only - no bikes or scooters. Admission to the park is free but all skaters must be registered with a signed liability release waiver on file before a skater may use the park. Skaters age 17 years and under must have the waiver signed by a parent or guardian. All skaters must wear a properly secured skate helmet at all times when skating in the park. (Helmets are NOT available for loan or rent from the Skate Park)

Hours *may* expand for the summer! Please call to confirm. For the latest information on skate park hours and closures, please call our 24 hour skate park hot-line at 982-7121 or call the Oxnard Police Activities League at 385-8230.

Hours:	Monday through Friday:
	2:00 - 8:00 pm
	Saturday & Sunday:
	9:00 am - 8:00 pm

CITY PARKS

1. BECK PARK - 600 W KAMALA
2. BORCHARD PARK - ROBLE LN
3. CABRILLO PARK - 1600 EBONY DR
4. CAMPUS PARK - 309 S "K" ST
5. CARTY PARK - 3900 S "F" ST
6. CENTRAL PARK - 3200 N OXNARD BLVD
7. CHANNEL VIEW PARK - HARBOR BLVD & OCEAN DR
8. COLLEGE ESTATES PARK - 1400 GARY DR
9. COLLEGE PARK - 3250 S ROSE AVE
10. COLONIA PARK - 170 N JUANITA DR
11. COMMUNITY CENTER EAST PARK - 800 HOBSON WAY
12. COMMUNITY CENTER WEST PARK - 801 HOBSON WAY
13. CONNELLY PARK - 2101 BEVRA
14. DEL SOL PARK - 1500 CAMINO DEL SOL
15. DURLEY PARK - 800 W HILL ST
16. EAST PARK - 351 INDUS PL
17. EASTWOOD PARK - 1401 N "F" ST
18. FREMONT TOT PARK - 1130 N "M" ST
19. GARDEN CITY ACRES PARK - 5302 CYPRESS RD
20. GATEWAY PARK - FORREST PARK BLVD & RIVER PARK BLVD
21. JOHNSON CREEK PARK - 501 E JOHNSON RD
22. KOHALA PARK - KOHALA ST
23. LATHROP PARK - 600 E GUAVA ST
24. LEMONWOOD PARK - 2055 EAST SAN MATEO PL
25. LINEAR PARK - HEMLOCK ST & PEARL WAY
26. MARINA WEST PARK - 1300 S NOVATO DR
27. NEPTUNE SQUARE PARK - NEPTUNE SQUARE
28. ORCHARD PARK - 2130 EDELWEISS ST
29. OXNARD BEACH PARK - 1601 S HARBOR BLVD
30. PENINSULA PARK - 3333 S PENINSULA RD
31. PFEILER PARK - CHAVEZ DR & PINATA
32. PLAZA PARK - 500 S "C" ST
33. PLEASANT VALLEY PARK - 4501 JUSTIN WAY
34. RIO DEL MAR ELEMENTARY - 3150 THAMES RIVER DR
35. RIO LINDO PARK - 841 BLANCA ST
36. RIO VISTA MIDDLE SCHOOL - 3050 THAMES RIVER DR
37. SEA AIR PARK - 2011 9TH ST
38. SEA BRIDGE - 3900 W WOOLEY RD
39. SEA VIEW - 1001 OFFSHORE LN
40. SIERRA LINDA PARK - 1040 INDIGO PL
41. SOUTH BANK PARK - 2610 WOODSIDE PL
42. SOUTHWEST COMMUNITY PARK - 2500 W 5TH ST
43. SOUTH WINDS PARK - 455 W CLARA ST
44. SPORTS PARK - ENTRADA & MORADO
45. SWIM BEACH - VICTORIA AVE
46. THOMPSON PARK - 201 N IMPERIAL ST
47. VIA MARINA PARK - 3301 KEEL WAY
48. VILLAGE GREEN PARK - 3002 MOSS LANDING BLVD
49. VINEYARD PARK - 2790 SMOKEY MOUNTAIN DR
50. WEST CHANNEL PARK -
51. WEST VILLAGE PARK - 1501 CESAR CHAVEZ DR
52. WILSON PARK - 350 N "C" ST
53. WINDROW PARK - 802 OWENS RIVER





SOUTH OXNARD CENTER

THE PLACE FOR ANY OCCASION!

Weddings with receptions • Birthday Celebrations

• Baptismals • Debuts/Quinceañeras • Fund-
raisers • Public Gatherings • Special Events

200 person capacity - Free Table & Chair Set-Up
Special Business Meeting Rates

For booking information, call
(805) 385-7995 Office or (805) 385-7439 Voice Mail

Hablamos Español!



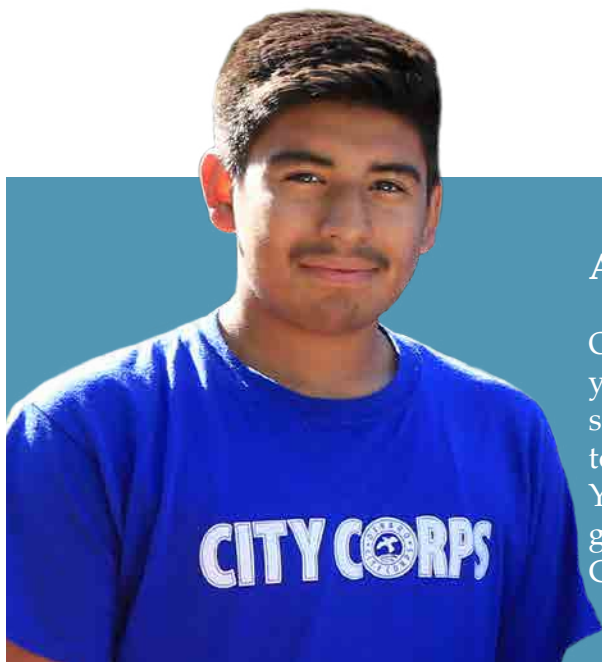
oxnard neighborhood councils

PARTICIPATION IN YOUR NEIGHBORHOOD COUNCIL IS IMPORTANT TO THE FUTURE OF YOUR NEIGHBORHOOD!

Advantages of having an active neighborhood council

- Chance to get to know your neighborhood
- Allows the neighborhood to come together to identify and discuss issues of common interest or concern
- Opportunity to plan for and be involved in activities to improve your neighborhood
- Opportunity to meet with other neighborhood leaders to share successes and discuss common problems
- It affords an opportunity for an entire neighborhood to speak with one voice to City Departments and City Council
- Opportunity to meet directly with City officials in your neighborhood, i.e. City Council members, Police/Fire chiefs, and police beat coordinators
- The neighborhood council can speak to other agencies, such as school districts, Oxnard College, county government and non-profit organizations with a unified voice
- Neighborhood cleanups
- Neighborhood Social Activities
- Beautification Programs
- Neighborhood Watch Programs
- Improve access to City Services
- Neighbor to Neighbor programs - Bring community services demonstrations right into your neighborhood
- Work together to plan for local emergencies - C.E.R.T. (Community Emergency Response Training)

**CALL THE NEIGHBORHOOD SERVICES OFFICE AT
(805) 385-7424 TO FIND OUT WHEN YOUR
NEIGHBORHOOD'S NEXT MEETING IS SCHEDULED.**



ABOUT US

Oxnard City Corps is an organization designed to give youth work experience while learning valuable skills and serving their community. We offer opportunities for youth to take initiative in their exploration of many career paths. Youth also learn the value of caring for their town while gaining valuable team-based work experience. Oxnard City Corps serves youth ages 12-24.

Service Learning • Work Training • Community Building

Self-Confidence • Empowerment • Valuable Experience
Job Preparation • Self Discovery



Townkeeping



Afterschool Education



Event Technology



Community Gardens



Multimedia



Learn • Work • Service

I pledge to learn as much as I can from my community work and service, and use everything I learn to improve my community, my country, and myself.

CONTACT US

701 S G. Street
Oxnard, CA 93030
805-385-8123
citycorps@oxnard.org

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