



Oxnard Housing Authority Family Self-Sufficiency Program

RESIDENT NEWSLETTER

SUMMER ISSUE, 2016

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Community Resource & Job Fair

The Oxnard Housing Authority, in collaboration with the Oxnard Police Department, will be hosting a Community Resource and Job Fair.

September 17, 2016 11:00am - 3:00pm

At the Multi-Service Center:
1500 Colonia Road - Oxnard, CA
(next to Del Sol Park)

Learn about numerous community resources/agencies at the fair that provide a variety of services such as Health, Homeownership, Financial, Education, and many more. Take advantage of different employers and business that will also be present at the fair. There will also be music, kids activities, raffle prizes, and free health exams.

Visit the OHA informational table which will have past FSS graduates from each rental program (Section 8 and Public Housing) present, to share their success stories and interact with current and perspective FSS participants. An additional special raffle will be held for FSS Participants!

Come join us at the Community Resource & Job Fair to take advantage of the many informational booths and fun activities. The Resource Fair is open to the public so everyone is welcomed!



Oxnard Housing Authority
300 N. Marquita St.
Oxnard, CA 93030
(805) 385-8114
www.oxnard.org



FSS Participants Receive Award for Completing Financial Program at VCCDC's 4th Annual Homeownership Fair



Michael & Josie Gonzales
(Public Housing FSS participants)



Marivic Porte
(Section 8 FSS participant)

On June 25, 2016, Michael and Josie Gonzales, Public Housing FSS Program participants, and Marivic Porte, Section 8 FSS Program Participant, received certificates for completing the CASH Financial Program (Creating A Stable Home) by Ventura County Community Development Corporation (VCCDC) at their 4th Annual Homeownership Fair.

The CASH program is a year-long program designed to help individuals and families increase their financial knowledge and confidence, apply that financial knowledge and establish healthy financial behaviors by reducing debt, increasing credit scores, increasing savings and increasing net worth. The program provides one-on-one financial coaching tailored to each client's needs. Congratulations to the Gonzales and Porte families for their commitment and accomplishments!

VCCDC also celebrated their 15th anniversary at the fair and honored their founder, Rodney Fernandez, who founded VCCDC in 2001 as a way to bring together private financing and public funding to bring homeownership within reach.

Contact an FSS Coordinator if you have questions about VCCDC's homeownership and financial services or if you would like a direct referral.



Phone: (805) 273-7800
www.vccdc.org

Did you know?

VCCDC offers financial and homeownership counseling, plus down payment assistance and homebuyer education workshops. All this at no cost to you!



Top 10 Summer Health Tips:

Drink Water: Water keeps you hydrated and fuels your activities throughout the day!

Eat Fresh: Incorporate fresh produce on your plate every meal to reap the tasty rewards.

Lifestyle Modification: The Summer is a great time to try a new exercise routine, kick-start a new healthy eating plan and quit smoking.

Stay Shady: Try to limit your time in the direct sunshine between 10am and 4pm, and always wear sunscreen, a hat and sunglasses.

Disconnect: Disconnect from the internet, put down those smart phones and see a world without selfies, hashtags and videos.

Sleep Well: Getting enough quality sleep at the right times can help protect your mental and physical health, safety and quality of life.

See your doctor: Schedule an appointment for a check-up to make sure pain or injury doesn't sideline you this summer.

Plan a vacation: Plan a vacation this summer to get away from it all to relax and rejuvenate.

Transform Activities into Exercise: Outdoor activities can become exercise if you use the stairs, take the long route or add stretches and strengthening exercises along the way.

Stay Active: Stay active and have fun!



Have you ever been so stressed that you couldn't go about your daily activities? If yes, Stress & Wellness classes are available to you.

Too much stress can affect how we feel and hurt our bodies, mental health and relationships. Attend and learn how to manage your stress, how to be well and how to live a balanced life.

Classes (in Spanish) will be held at the Oxnard Housing Authority Multi-Service Center at 1500 Camino Del Sol, room #21.

June 23rd, July 28th, August 25th and September 22nd (9:00 am - 11:00 am).

For class information call Promotoras y Promotores Foundation:

Maria Ryan at (818) 427-5444

Maria Jimenez at (805) 317-1040



1500 Camino Del Sol #2
Oxnard, CA 93030

Summer Program for Kids



All Kids are invited to join "City Kidz," a South Coast Fellowship, this summer for Fun, Games, Music, Story Time and free Hot Dogs.

This program is currently held every 2nd and 4th Tuesday of the month beginning at 4:00 pm.

It will be held at the Oxnard Housing Authority's Multi-Service Center (parking lot) located at 1500 Camino Del Sol, Oxnard, CA 93030.

Join The Family Self-Sufficiency (FSS) Program!

Begin your journey into self-sufficiency! Enroll today and start taking advantage of the FSS Program's resources and interest bearing escrow account you may establish. You must be in the Public Housing or Section 8 Program and the Head of Household must execute the Contract of Participation. This program is voluntary and the participation may end at any time without a negative impact to your Section 8 or Public Housing Assistance.

Call an FSS Program Coordinator for more information or to schedule an orientation appointment.



*Set goals and begin the path
toward self-sufficiency!*

Thanks to our Partners that take part in our Committee!



Phone: (805) 486-9777
www.elconciliofs.org



Phone: (877) 360-5327
www.vrchs.org



Phone: (805) 667-8004
www.wevonline.org



Phone: (805) 273-7800
www.vccdc.org



Phone: (805) 986-5800
www.oxnardcollege.edu



Phone: (805) 385-2578
www.oxnardadulthood.us



Phone: (805) 485-7878
www.cdrv.org



Phone: (805) 986-3636
www.cityimpact.com



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www.elcentrito.org



Phone: (805) 382-8610
www.ventura.org/human-services-agency/



Phone: (805) 483-0139
www.cdcdc.org



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www.oxnardlibrary.net



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www.cetweb.org



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www.vcunitedway.org



Phone: (805) 477-4000
www.vccuonline.net



Phone: (888) 707-6513
www.theabundanttable.org



Phone: (805) 385-8081
www.citycorps.org



Phone: (805) 659-3195
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