

# Oxnard Housing Authority Family Self-Sufficiency Program

RESIDENT NEWSLETTER

SUMMER ISSUE, 2017

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## Join the Family Self-Sufficiency Program!

Act now and begin your journey into self-sufficiency! The Family Self-Sufficiency Program (FSS) is a 5-year program that the Oxnard Housing Authority offers to all families in the Public Housing and Section 8 Programs. Enroll today and take advantage of the FSS Program's resources which include one-on-one counseling and referrals to different services from various service providers and local partners throughout the community.



The FSS Program also provides a free interest-bearing savings account in which you may save money from increases in rent payments during the program. You can receive the funds that you saved if you complete the FSS contract by being employed and completing all your goals that you established by the end of the program.

To enroll, the head of household must execute the Contract of Participation. The FSS Program is voluntary and you may end your participation at any time without a negative impact to your Section 8 or Public Housing Assistance.

Call an FSS Program Coordinator for more information or to schedule an appointment!



### VCCDC's 5th Annual Homeownership Fair





On June 24, 2017, Ventura County Community Development Corporation (VCCDC) held it's 5th Annual Homeownership Fair.

Families that attended the fair were able to visit different booths and learned about many community agencies that provide homeownership services available to the community and a variety of other services such as Health, Financial, and Education. There was also music, kids activities, raffle prizes, and guest speakers including 2 testimonials of successful clients from VCCDC who recently purchased a home.

You too can take advantage of VCCDC's programs and services which include homeownership and financial coaching, homebuyer workshops, down payment assistance, lending services, and realty services. For more information contact VCCDC at (805) 273-7800 or visit www.vccdc.org.



Phone: (805) 273-7800 www.vccdc.org

#### Did you know?

The Oxnard
Housing Authority
partners with
many agencies in
the community. If
you are looking for
any service,
contact an FSS
Coordinator for
assistance or to
receive a referral.

### Career Workshops at America's Job Center of California

Job Search/Social Media: Dates: 07/28/17, 8/25/17 and 9/22/17 (8:30 am - 12:00 pm) Details: This workshop provides common sense tactics to be more effective in finding employment. Social Media: This workshop provides information on the most popular online social networks.

Resumes That Sell: Dates: 7/21/17, 8/04/17, 8/18/17 and 9/01/17 (8:30 am - 12:00 pm) Details: Get hands-on assistance in completing your resumé, cover, and thank-you letters. Upon completion of this Career Shop, you will walk away with a portfolio that shows off your professional documents.

Must be registered with CalJOBS to register for Career Shops.

Location: America's Job Center 2901 N. Ventura Road Oxnard, California 93036 www.caljobs.ca.gov





El Concilio Family Services is offering free Citizenship Application Processing. You may also qualify for free or reduced USCIS government fees.

\* Limited Offer \* Don't Delay \* Call Today!

Call (805) 486-9777 for eligibility requirements or visit El Concilio at 301 South C Street, Oxnard, CA 93030



301 South C Street Oxnard, CA 93030 (805) 486-9777

**El Concilio** is Accredited & Recognized with the Dept. of Justice, Board of Immigration Appeals

### **Diabetes Self-Management Workshops**

St. Johns Regional Medical Center is offering a FREE Six-month program to help you regain control of your diabetes. It includes a **6 week** Diabetes Empowerment and Education Class (DEEP) within the first 2 months on Saturdays: **August 5,12,19, 26, September 9 & 16** from 9:00 am to 11:00 am.

DEEP encourages lifestyle changes while learning about your diabetes and the ways it affects your quality of life. Topics include understanding the human body, diabetes risk factors and complications, nutrition education and meal planning, and medications & talking with your health care team.

To register call (805) 988-2865 or email StjohnsCommunityHealthED@dignityhealth.org

### **Know Your Numbers-Healthy Heart Screenings**

St. Johns Regional Medical Center also provides free or low-cost health screenings:

Total Cholesterol; HDL "Good Cholesterol," LDL, "Bad Cholesterol," Triglycerides (all for \$10).

FREE: Blood Glucose, Blood Pressure, Anemia, HbA1C, Height, Weight, Waist and Body Mass Index.

Wednesday, August 9, 2017 8:30 a.m.—11:30 a.m.

Please call (805) 988-2865 for an appointment.



## Thanks to our Partners that take part in our Committee!



Phone: (805) 486-9777 www.elconciliofs.org



Phone: (805) 273-7800 www.vccdc.org



Phone: (805) 485-7878 www.cdrv.org



Phone: (805) 382-8610 www.ventura.org/human-services-agency/



Phone: (805) 487-9821 www.cetweb.org



Phone: (805) 983-7100 www.foodshare.com



Phone: (877) 360-5327 www.vrchs.org



Phone: (805) 986-5800 www.oxnardcollege.edu



Phone: (805) 483-1166 www.mixteco.org



Phone: (805) 483-0139 www.cdicdc.org



Phone: (805) 485-6288 www.vcunitedway.org



Phone: (888) 988-2500 www.dignityhealth.org



Phone: (805) 667-8004 www.wevonline.org



Phone: (805) 385-2578 www.oxnardadulted.us



Phone: (805) 483-8685 www.elcentrito.org



Phone: (805) 385-8108 www.oxnardlibrary.net



Phone: (805) 477-4000 www.vccuonline.net



Phone: (805) 659-3195 www.cabrilloedc.org