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NEWS MEDIA CONTACT:
Scott Brewer, Emergency Services Manager
(805) 385-7717 | Scott.Brewer@oxnard.org

Oxnard Opens Cooling Centers During Excessive Heat Warning

OXNARD, Calif. – The City of Oxnard will open two emergency cooling centers on Saturday, September 5 and Sunday, September 6 from 10 a.m. to 5 p.m. in response to the National Weather Service’s excessive heat warning for coastal areas of Ventura County this weekend. COVID-19 safety precautions will be in effect at both locations and include a health screening, face coverings, and social distancing.

CITY OF OXNARD COOLING CENTER LOCATIONS
● Wilson Senior Center: 350 North C Street, Oxnard, CA 93030
● South Oxnard Center: 200 E Bard Rd., Oxnard, CA 93033

Residents should not bring large packages/items and pets as they will not be permitted inside the buildings. Face coverings and social distancing will be required at all times when inside the centers.

SAFETY TIPS
● Stay hydrated and drink plenty of water.
● Wear loose, light-colored clothing that will keep you cool. Wear sunscreen and a hat for extra protection.
● Check on neighbors, who might be vulnerable to the heat, especially those without air conditioning.
● Never leave children or pets in a car - not even for a few minutes. Temperatures inside a car can quickly skyrocket to deadly levels.
● If you work or play outside, take frequent breaks to hydrate and cool off in the shade.
● Keep pets indoors if possible. If outside, give them plenty of water and a shady area to rest in.
● Symptoms of heat-related illness include dizziness, fatigue, faintness, headaches, muscle cramps, and extreme thirst. If you experience these symptoms, seek medical attention.

For more information on heat-related illnesses and prevention, please visit:
● https://www.readyventuracounty.org/stay-informed/heat-emergency/
● https://www.caloes.ca.gov/icesite/pages/summer-heat-resources.aspx
● https://www.weather.gov/safety/heat

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