

FOR IMMEDIATE RELEASE: September 4, 2020

NEWS MEDIA CONTACT:

Scott Brewer, Emergency Services Manager

(805) 385-7717 | Scott.Brewer@oxnard.org

Oxnard Opens Cooling Centers During Excessive Heat Warning

OXNARD, Calif. – The City of Oxnard will open two emergency cooling centers on Saturday, September 5 and Sunday, September 6 from 10 a.m. to 5 p.m. in response to the National Weather Service’s excessive heat warning for coastal areas of Ventura County this weekend. COVID-19 safety precautions will be in effect at both locations and include a health screening, face coverings, and social distancing.

CITY OF OXNARD COOLING CENTER LOCATIONS

- Wilson Senior Center: 350 North C Street, Oxnard, CA 93030
- South Oxnard Center: 200 E Bard Rd., Oxnard, CA 93033

Residents should not bring large packages/items and pets as they will not be permitted inside the buildings. Face coverings and social distancing will be required at all times when inside the centers.

SAFETY TIPS

- Stay hydrated and drink plenty of water.
- Wear loose, light-colored clothing that will keep you cool. Wear sunscreen and a hat for extra protection.
- Check on neighbors, who might be vulnerable to the heat, especially those without air conditioning.
- Never leave children or pets in a car - not even for a few minutes. Temperatures inside a car can quickly skyrocket to deadly levels.
- If you work or play outside, take frequent breaks to hydrate and cool off in the shade.
- Keep pets indoors if possible. If outside, give them plenty of water and a shady area to rest in.
- Symptoms of heat-related illness include dizziness, fatigue, faintness, headaches, muscle cramps, and extreme thirst. If you experience these symptoms, seek medical attention.

For more information on heat-related illnesses and prevention, please visit:

- <https://www.readyventuracounty.org/stay-informed/heat-emergency/>
- <https://www.caloes.ca.gov/icesite/pages/summer-heat-resources.aspx>
- <https://www.weather.gov/safety/heat>

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