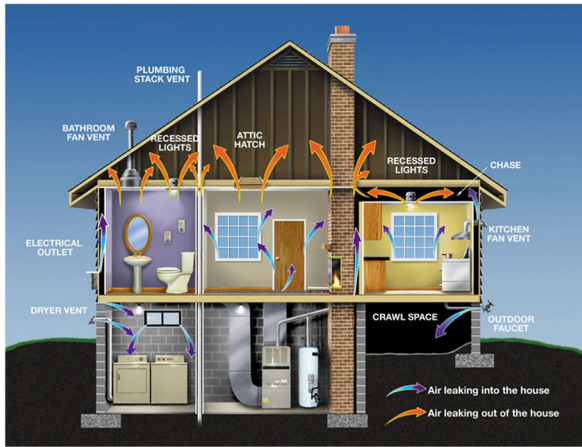


# Home Weatherization

Community Action of Ventura County, Inc. can save qualified homeowners and renters/tenants up to 40 percent on utility bills, depending on the home, simply by improving energy efficiency. This can be done by replacing windows, weather-stripping doors, adding insulation, minor home repairs and installing more efficient appliances and products at no cost.



CAVC may be able to assist with many of the following services:

- Diagnostic testing & assessment
- Repair or replacement of nonfunctioning or hazardous water heaters, furnaces and stoves
- Installation of energy efficient light bulbs & torchiere lamps
- Weatherstripping doors
- Installation of low-flow shower heads & aerators
- Installation of carbon monoxide detectors
- Other minor home repairs

Please call us at 805-436-4035.

# Utility Assistance

**Need help paying your gas, electric or propane bill?** Through our Home Energy Assistance Program (HEAP), we can help eligible households with a once-per-year payment on their Electric, Gas or Propane bill.

Federal law requires that priority be given to households with:

- Children under age of 6
- Veterans
- The frail elderly
- Disabled
- Those with loss of income and high energy costs



To apply you can: walk-in to our CAVC office, download and mail or fax an application.

For more information please visit our website: [www.ca-vc.org/energy-services](http://www.ca-vc.org/energy-services) or call

805-436-4021

# Community Workshops

We provide virtual and in-person Mental and Financial Wellness community workshops in both English and Spanish. We give the participants various strategies, tools, and resources to improve their quality of life. If interested, please contact us: [info@ca-vc.org](mailto:info@ca-vc.org)

# Homeless Assistance

There are many barriers faced by individuals experiencing homelessness and families at risk of becoming unsheltered. Helping them meet their most basic needs, such as hygiene and food is critical.

## Services Provided:

- Showers & Laundry (Mon & Fri 8am-12pm)
- Referrals (Tue 8am-12:30pm & Thu 12:30pm-4:30pm)
- Mailing address
- ID Vouchers
- Bus Passes
- Food & Clothing also available.



# Food Assistance

**Every Thursday**, Community Action of Ventura County assists residents with fresh produce, canned goods, and other staples. Food distribution takes place at the back of the CAVC building located at 621 Richmond Avenue in Oxnard, between 9AM - 12:30PM or until the food runs out. Please follow map directions on our website, distribution is conducted in a drive-thru manner at this time. First-time participants should bring valid identification and verification of income.



# How to Get Involved?



**Mission**  
Helping our community establish pathways out of poverty through advocacy, partnerships, and services that promote dignity and self-sufficiency.

**Vision**  
We envision a community successfully lifting people out of poverty.

**Promise**  
Community Action changes people's lives, embodies the spirit of hope, improves communities, and makes America a better place to live. We care about the entire community, and we are dedicated to helping people help themselves and each other.

Begun by volunteers in 1965, Community Action of Ventura County grew out of the Johnson Administration's "War on Poverty". Community Action has a wide variety of programs and services to effectively serve the comprehensive needs of our disadvantaged and at-risk families in our community.

**Volunteers:** This is your chance to use your skills to help those less fortunate move from crisis to self-sufficiency. We would love for you to join us in helping some of the most vulnerable members of our community. If you are interested in volunteering or would like more information, please call: 805-436-4000

**Donations:** We take items such as clothing, detergent, hygiene items, etc. please see our "Wish List" for more information.

**Monetary contributions:** Make a difference in the lives of those that are making gains to change their circumstances. Donations are always welcome and needed. They go toward a variety of our projects that serve to better our community.

For more information:  
[www.ca-vc.org/getinvolved](http://www.ca-vc.org/getinvolved)

**805-436-4000**  
621 Richmond Ave.  
Oxnard, CA 93030  
[info@ca-vc.org](mailto:info@ca-vc.org) - [www.ca-vc.org](http://www.ca-vc.org)



## Programs

- ✓ Home Weatherization
- ✓ Utility Assistance
- ✓ Food Assistance
- ✓ Community Workshops
- ✓ Homeless Assistance